

# Bradford East Locality Family Hub

## Barkerend Family Hub

365 Barkerend Road, BD3 8QX

### We also deliver services at:

#### Gateway

43 Thackeray Road, Ravenscliffe, BD10 0JR

#### Woodroyd Centre

Woodroyd Road, West Bowling, BD5 8EL

#### Communityworks

Undercliffe Lane, BD3 0DW

#### Canterbury Nursery School

Basil Street, Canterbury, BD5 9HL

#### Fagley Primary School

Falsgrave Avenue, BD2 3PU

#### Eccleshill Library

Bolton Road, BD2 4SR

#### St Clare's RC Church

Moorside Road, BD2 3JD

For more information on where we are and what we do, scan the QR code or visit [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk)



### Parenting programmes

We have a range of fantastic parenting programmes delivered at various times. You'll meet others in a similar situation in an informal and supportive atmosphere. You don't need a referral from another service, you can simply apply yourself on [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk) or call us.

**NEW:** Support for parents, carers, teens and adults - free online courses that you can access 'on demand', day or night, pause and come back to whenever suits you.

### Digital Spaces

Do you need data, access to a laptop, or help to get online? Maybe you need to study, apply for a job, a school place or look for housing?

At Barkerend Family Hub, you can access free wi-fi, use our computers and quiet space, headphones and printing facilities.

We can also give you support with getting online if you need it. Give us a call, a message on social media or send us an email for more information.

### FREE SIM cards

We can now provide 6 months of data to families through a FREE SIM card. For more information please contact us or pop in to Barkerend Hub and see one of our lovely Family Navigators!



### Some of our regular events

**Sensory Room** - a therapeutic space for all families devoted to relaxing/developing the senses. Call to book.

**SEND Parent/Carer's Coffee Morning** - a place for parent carers to share experiences and get support.

Email [chaslam@carersresource.org](mailto:chaslam@carersresource.org) or call 0808 501593 for more information.

**Health Visitor, Baby and Midwife Clinics** - including Clover midwife clinic. Appointment only; speak to your health visitor or midwife.

**BHT Owlets Play Group** - A friendly Stay and Play for children 18 months to 3 years whose parents/carers would like support to develop their child's language skills through play. Call BHT on 01274 730415 for more info/to book.

**Green Doctor** - Advice on staying warm, saving money on energy bills, nutrition and health, debt issues, benefits, grants and discounts; free help with emergency heating, LED bulbs, reflective radiator panels, pipe lagging & more.

**Barkerend Buddies** - Messy play for 0-4s

**School Nurse Team** - Support with eating, lifestyles, relationships, sleep issues and more. Drop In or call 01274 221203.

**Jump Aboard** - educational psychologist drop-in sessions.

**Portage group** - an education group for under 5s with additional needs and their families supported by experienced Portage home visitors.

**SEND Community Support Team** - here for you to chat about difficulties you may have with your child/young person's behaviours/sleep difficulties.

**Baby Feeding Support Sessions** - run every week by friendly experienced infant feeding practitioners with specialist support available. Any questions or concerns can be supported as well as every day feeding support.

Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Please do just drop in, no booking needed.

**Maternity Circle** - drop in, we run a wide range of sessions to support pregnant mums and those with children under 2.

**Barkerend Buddies** - Have fun with your little ones in this messy play session with sensory toys, singing, soft and sensory play and healthy snacks.

**Drug and Alcohol awareness** - an online course for parents and carers to increase their understanding and get support. Email [claire.priestman@bradford.gov.uk](mailto:claire.priestman@bradford.gov.uk) to book.

**Baby Massage course** - strictly by appointment - apply via [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk)

# Bradford East Locality Family Hub - November 2024 Timetable

## Monday

**Midwife Clinics**  
Barkerend and Woodroyd Centre

**School nurse drop-in**  
Gateway, 4th November  
9am to 11.30am

**Barkerend Buddies**  
Barkerend  
(term time only)  
9.30am to 11am

**Baby Week event:  
Playbus at Barkerend**  
18th November  
9.30am to 2.30pm

**Maternity Circle**  
Westminster Primary,  
BD3 0HW (term time only)  
9.30am to 11.30am

**Baby Feeding Support  
Sessions**  
Gateway  
10am to 12 noon

**SEND parent/carer's  
resource coffee morning**  
Barkerend  
11th November  
11am to 12.30pm

**Sensory Room  
Booking**  
Barkerend (all day)



## Tuesday

**Midwife Clinics**  
Barkerend and Woodroyd Centre



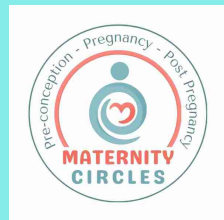
**Oral Health  
Session**  
CommunityWorks  
5th November  
9am to 11am

**Green Doctor**  
CommunityWorks  
26th November  
9am to 11am

**Health Visitor  
Baby Clinic**  
Barkerend  
9.30am to 11.30am



**Maternity Circle**  
Grange Interlink  
9.30am to 11.30am



**Sensory Room  
Booking**  
Barkerend (all day)

## Wednesday

**Midwife Clinics**  
Barkerend and Woodroyd Centre

**Health Visitor Baby  
Clinic**  
Gateway and CommunityWorks  
9.30am to 11.30am

**Sensory Room Booking**  
Barkerend  
(all day)



**Maternity Circle**  
Gateway  
9.30am - 11.30am



## Thursday

**Midwife Clinics**  
Barkerend and Woodroyd  
**SEND community  
support team**  
Barkerend, 7th Nov  
9am to 3pm

**Sensory room booking**  
Barkerend (all day)  
**Baby Massage course**  
Barkerend, 1pm to 3pm  
Starts 14th Nov - strictly  
appointment only (apply  
via [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk))

**Coffee Morning**  
Barkerend, 9 to 11.30am  
- inc Living Well fitness  
session on 28th Nov  
**School nurse drop-in**  
Barkerend, 7th Nov  
9am to 11.30am

**Drug and Alcohol  
awareness online course**  
21st Nov, 10am to 12 noon  
**Maternity Circle**  
Laisterdyke Library  
9.30am to 11.30am  
**Health Visitor Baby Clinic**

Wrose Health Centre  
9.30am to 11.30am  
**Jump Aboard**  
Barkerend, 7th Nov  
10am to 11.30am  
**Skills House**  
Barkerend, 14th and 28th  
9am to 11.30am

## Friday

**Midwife Clinics**  
Barkerend and Woodroyd  
Centre



**Sensory Room Booking**  
Barkerend  
(all day)



**SEND community  
support team**  
Gateway  
8th November  
9am to 3pm

