

Keighley and Shipley area Family Hub

Find us at

Rainbow Family Hub
14 Braithwaite Grove, BD22 6JB

Strong Close Nursery School
Airedale Road, BD21 4LW

We also deliver services at

Keighley Library
North Street, BD21 3SX

Shipley Library
2 Well Croft, BD18 3QH

The Trinity Centre
John Escritt Road, Bingley, BD16 2ST

Sue Belcher Centre
63 Bracken Bank Avenue, BD22 7AE

Denholme Primary School
Minorca Mount, BD13 4AY

Windhill Community Centre
Church Street, Shipley, BD18 2NR

Owlet Family Centre
Barncroft, Shipley, BD18 2JG

For more information
on where we are and
what we do, scan the
QR code or visit
fyi.bradford.gov.uk



Parenting programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!) You'll meet others in a similar situation in an informal and supportive atmosphere.

You don't need a referral from another service, you can simply apply yourself on fyi.bradford.gov.uk or call us.

Our recent programmes include:

Family Links Nurturing - supporting positive parenting and exploring emotional needs behind behaviour. For parents/carers of children 2-13.

Time out for dads - helping dads build a better relationship with their children.

Our regular events

Play and learn - our free play and learn sessions are open to all families with children 0-5. Enjoy fun activities songs and stories as well as tips to support your child's wellbeing and development at home.

School nurse parent drop-in - help with eating, lifestyles, relationships, emotions, body changes, growing up, sleeping and more. If you can't come but still need help, call the school nurses: 01274 221203.

Baby feeding drop-ins - experienced peer supporters lead this friendly group. Pregnancy, parenting and breastfeeding support and information; meet other parents. Email breastfeedtogether@bdct.nhs.uk to book.

Sensory room - Call or email us to book sessions at Rainbow. For sessions at Strong Close Nursery (Term Time) call 01535 605272. During school holidays contact Rainbow. For Owlets call 01274 436600.

SEND inclusive drop-in sessions - open to all parents, carers and their children. Includes multi sensory story time and access to a range of SEND resources to promote speech, language and sensory exploration.

Youth Club - for ages 11-19. A warm, safe and inviting space for young people with lots of activities on offer.

Wise Owls Language development advice drop-in - if you're concerned about your 18 month to 4 year old's language development, drop in to get advice from our language development workers.

SEND parent/carer engagement session - meet with other parent carers of children/young people with SEND over a cuppa in a supportive and welcoming environment

Jump aboard - talk through concerns and how to support your child with an educational psychologist. Can help with autism, ADHD, speech & language, learning difficulties, social, emotional and sensory needs

Portage play group - referral only; contact Christine on 07977160187 for details.

Baby Clinic - drop in to get your baby weighed

Maternity Circle - a safe and welcoming space for women planning pregnancy, pregnant women and new mothers, providing information on maternal health and wellbeing and parenting until baby is 2.

Children's Community Support Team (CCST) - appointment based support for families with children and young people with SEND. Referral only; contact Kelly on 07582109892 or Naina on 07582101003 for more info.

Arts and crafts group - For adults and children aged 0-4 years.

Get in touch

☎ Call us on 01535 618005 (open Mon-Thur 8.30am to 5pm, 8.30am to 4.30pm Fri)

F Visit us at fb.com/KeighleyandShipleyFamilyHub

✉ Email us at Familyhubkeighleyshipley@bradfordcft.org.uk

Keighley and Shipley Family Hub - April timetable

Monday

Sensory room
Rainbow 9-4pm Strong
close nursery
school 12.30-4.30pm

Midwife Clinics
Appointment only
All day at Rainbow,
Strong Close nursery
school and Owlet

Play and Learn
Keighley Library
9.30am to 10.30am
(term time only)
Shipley Library
1pm to 2pm
(term time only)



Baby feeding drop-in
Trinity Centre
29th April 10 to 11.30am

Care and Share
Rainbow Hub's FREE
pre-loved shop
9am to 4pm

**Wise Owls Language
Development**
Keighley Library (term
time only) 9am to 10am

Baby Clinic
Rainbow, 1pm - 3pm

Maternity Circle
Rainbow, 1pm to 3pm
29th April

Tuesday

Sensory room
Rainbow 9-4pm
Strong close nursery school
3.30-4.30pm
Owlet Family hub 9-12pm
Midwife Clinics
Appointment only
Strong Close nursery
school and Owlet 9-4pm;
Rainbow 1.30 - 4pm

School nurse
2nd April
Rainbow
1pm to 2.30pm
Shipley Library
9.30 to 11.00am



Care and Share
Rainbow Hub's FREE
pre-loved shop
9am to 4pm

PCSO drop-in
16th April
Rainbow, 10am to 11am

SEND inclusive session
Keighley Library
2nd April 9.30 - 10:30am
**SEND parent/carer
engagement session**
Rainbow
23rd April, 10am to 11am

Wednesday

Sensory room
Rainbow 9-4pm Strong
close nursery school
3.30-4.30pm
Midwife Clinics
Appointment only
Strong Close nursery
and Owlet 9am - 4pm

Portage play group
Trinity Centre,
10 - 11.15am
Referral only

Baby feeding drop-in
Rainbow
11:30am to 2:30pm

Open access youth club
Rainbow, 6 - 8.30pm

Care and Share
Rainbow Hub's FREE
pre-loved shop
9am - 4pm

Jump Aboard
Rainbow
17th April, 1pm to 3pm

CCST
3rd April
Rainbow, 9am to 3pm



Thursday

Sensory room
Rainbow 9-4pm
Strong close
nursery school
3.30-4.30pm



Midwife Clinics
Appointment
only
All day at
Rainbow,
Strong Close
nursery
school and
Owlet



Care and Share Rainbow
Hub's FREE
pre-loved shop
9am - 4pm

**Little Minds Matter
baby massage**
Trinity Centre
18th and 25th April
9am - 12pm
Referral only

Arts and Crafts group
Rainbow - from 11th April
1.30pm - 3pm



Friday

Sensory room
Rainbow 9-4pm Strong
close nursery
school 9am -12.30pm
Owlet 9am-12pm

Midwife Clinics
Appointment only
Rainbow and Owlet
9am - 4pm

Care and Share
Rainbow Hub's FREE
pre-loved shop
9am - 4pm

