

# Bradford West area Family Hub

## Farcliffe Family Hub

56 Toller Lane, BD8 8QH

### We also deliver services at:

#### St Edmund's Children's Centre

Washington Street, BD8 9QW

#### Crossley Hall Primary

Thornton Road, BD8 0HJ

#### Farnham Primary School

Farnham Road, BD7 3JE

#### Midland Road Nursery School

Bateman Street, BD8 7DJ

#### Abbey Green Nursery

Green Lane, BD8 8HT

#### City Library

Centenary Square, BD1 1SD

#### New Church

Ashfield Avenue, Frizinghall, BD18 3AL

#### Café West

1 Stead Crescent, Allerton, BD15 7PA

For more information on where we are and what we do, scan the QR code or visit [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk)



## Parenting programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!). You'll meet others in a similar situation in an informal and supportive atmosphere.

You don't need a referral from another service, you can simply apply yourself on [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk) or call us.

### Our recent parenting programmes include:

**Family Links Nurturing** – supporting positive parenting and exploring emotional needs behind behaviour. For parents/carers of children 2-13.

**Talking Teens** - positive parenting and relationship building for parents and carers of children aged 11-18. Covers managing conflict, communicating and more.

**Who's in Charge** - Parents and primary carers who care for children aged 8 to 18 years of age, who are abusive or violent towards them or who appear out of parental control.

**Time out for dads** - helping dads build a better relationship with their children.

## Get in touch

☎ Call us on 01274 436700 (Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)

✉ Email [Familyhubwest@bradfordcft.org.uk](mailto:Familyhubwest@bradfordcft.org.uk)

F Visit us at [fb.com/BradfordWestFamilyHub](http://fb.com/BradfordWestFamilyHub)

## Our events for March

**School nurse parent drop-in** – Support with eating, lifestyles, relationships, sleep issues and more.

**Women's chit chat group** – drop-in for a warm drink, chat and peer support.

**DWP employment advisor** – benefits, training and advice. Email: [farhana.khalifa@dwp.gov.uk](mailto:farhana.khalifa@dwp.gov.uk)

**Sensory play room** – a therapeutic space, perfect for children with SEND. Call us to book.

**SEND partnership drop-in** - drop-in sessions for families of children with SEND. Email: [nakhbar@carersresource.org](mailto:nakhbar@carersresource.org) or call 0808 5015939.

**Clothes shack** – a free drop-in clothes recycle shop.

**Job Club (City Library)** – drop into our free work clubs to learn IT skills, create/update your CV, log into Universal Jobmatch and set up your email

**Adult disability gardening group** – by Bradford City disability FC. Call 07818515639 for info.

**Little Minds Matter** – referral only. Contact Julie Daghish on 07769684452 or email [littlemindsmatter@bdct.nhs.uk](mailto:littlemindsmatter@bdct.nhs.uk) for information.

**Baby Clinic Stay & Play** – Come to our stay & play session while you wait to have your baby weighed.

**Manningham wellbeing Hub youth group** Outdoor forest sessions at Farcliffe. Bookable through Ali; 01274 594173 or [Alii@equalitytogether.org.uk](mailto:Alii@equalitytogether.org.uk)

**Special Space Inclusion Group 11+** — Movie nights trips, activities, gaming, food, arts and crafts and more. Bookable through Lukman 07890970716, Khuram 07971179676, Margaret 07974623779.

**Jump aboard** - educational psychologist drop-in

**Stitch and Snip** - Wellbeing/sewing group; drop-in.

**Wise Owls and Owlets** - language development for parents/carers of children 18 months to 4 years.

**Connecting Roma** - drop in for ESOL, employment advice and peer support. Call 07821149504 for info.

**Breaking the cycle drop-in** - advice & support from youth workers about keeping your child safe.

**Baby feeding drop-in** - access support from our breastfeeding support team, peer support volunteers and infant feeding specialists.

**Homework stations** - Now bookable through reception for everyone to use as a quiet space to catch up on work.

# West area Family Hub - March Timetable

## Monday

**Midwife clinic**  
Farcliffe  
(all day)  
Appointment only



**Bookable homework stations**  
Farcliffe  
(all day)

**Bookable Sensory Room**  
Farcliffe  
10am to 3pm

**Clothes shack**  
Farcliffe  
10am to 3pm



**Legal Advice drop-in**  
Farcliffe  
10am to 12pm



## Tuesday

**Midwife clinic**  
Farcliffe  
(all day)  
Appointment only



**Bookable homework stations**  
Farcliffe  
(all day)

**Women's chit-chat group**  
Farcliffe  
1pm to 3pm  
Drop in

**Clothes shack**  
Farcliffe  
10am to 3pm

**Bookable sensory room**  
Farcliffe  
10am to 3pm



**Special Space Inclusion Group 11+**  
Farcliffe  
6pm to 8pm  
Referral only

**SEND Play and Learn**  
Farcliffe, 5th, 12th and 19th Mar  
9.30am to 10.30am

**Manningham Wellbeing Hub Youth Group**  
Farcliffe  
6pm to 8pm

## Wednesday

**Clothes shack**  
Farcliffe  
10am to 3pm



**Bookable homework stations**  
Farcliffe  
(all day)

**DWP advisor**  
Farcliffe  
9.30am to 2pm  
Drop in

**Meet your neighbourhood warden, PCSO and the police**  
Farcliffe, 9am to 12pm

**School nurse drop-in**  
Farcliffe,  
6th March  
9am to 12pm



**Bookable sensory room**  
Farcliffe  
10am to 3pm

**Stay and Play**  
Farcliffe  
1.15pm to 2.45pm  
Term time only



**Baby feeding drop-in**  
Farcliffe  
12pm to 3pm

## Thursday

**Midwife clinic**  
Farcliffe  
(all day)  
Appointment only

**Bookable homework stations**  
Farcliffe  
(all day)

**Baby Clinic & Stay and Play**  
Farcliffe  
9.30am to 12pm  
Drop in



**Health Visitor**  
Farcliffe  
1pm to 3pm  
Appointment only

**Bookable sensory room**  
Farcliffe, 10am to 3pm

**Clothes shack**  
Farcliffe  
10am to 3pm

**Stitch & Snip**  
Farcliffe  
1pm to 3pm  
Drop in

**Job/ Work Club**  
City Library  
10am to 12pm

**Breaking the cycle drop-in**  
Farcliffe  
21st March  
9.30 to 11.30am

## Friday

**Adult disability gardening group**  
Farcliffe  
(all day) bookable  
via 07818515639



**Bookable homework stations**  
Farcliffe  
(all day)

**Bookable sensory room**  
Farcliffe  
10am to 3pm

**Clothes shack**  
Farcliffe  
10am to 3pm

**SEND partnership event**  
Farcliffe  
8th March  
10am to 12pm  
Drop-in



**Wise Owls**  
Abbey Green  
9am to 10am  
Drop in

**Connecting Roma** Farcliffe  
10am to 2pm  
Drop-in  
**including Health Event on 15th March**

**Jump aboard**  
Farcliffe  
8th March  
10am to 12pm  
Drop-in