Bradford West area Family Hub

Farcliffe Family Hub

56 Toller Lane, BD8 8QH

We also deliver services at:

St Edmund's Children's Centre Washington Street, BD8 9QW

Crossley Hall Primary Thornton Road, BD8 0HJ

Farnham Primary School Farnham Road, BD7 3JE

Midland Road Nursery School Bateman Street, BD8 7DJ

Abbey Green Nursery Green Lane, BD8 8HT

City Library Centenary Square, BD1 1SD

New Church Ashfield Avenue, Frizinghall, BD18 3AL

Café West Wanstead Crescent, Allerton, BD15 7PA

For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk





Parenting programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!). You'll meet others in a similar situation in an informal and supportive atmosphere.

You don't need a referral from another service, you can simply apply yourself on <u>fyi.bradford.gov.uk</u> or call us.

Our recent parenting programmes include:

Family Links Nurturing – supporting positive parenting and exploring the emotional needs behind behaviour. For parents and carers of children aged 2-13.

HENRY starting solids – Have you started introducing your baby to solid foods, or are you about to? Join us for a FREE workshop, and come away feeling more confident and with new ideas.

Get in touch

Call us on 01274 436700 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)
Email us at Familyhubwest@bradford.gov.uk
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Visit us at fb.com/BradfordWestFamilyHub

Our events for November

School nurse parent drop-in – help with eating, lifestyles, relationships, emotions, body changes, growing up, sleep issues and more.

Women's chit chat group – drop-in; call the hub with any questions.

DWP employment advisor – benefits, work, debt, jobs, money matters, training & education. Call Farhana Khalifa on 07385007493 for an appointment

Sensory play room – a therapeutic space, perfect for children with SEND. Call us to book.

SEND parent/carer groups - drop-in sessions for families of children with SEND. For more info, email nakhbar@carersresource.org or call 0808 5015939.

Carer's resource drop-in – a place for parent carers to share experiences and get support.

Clothes shack – a free clothes recycle shop. **Job Club (City Library)** – People seeking work can drop into our free work clubs where they can learn IT skills, create/update their CV, log into Universal Jobsmatch and set up an email account.

Adult disability gardening group – by Bradford City disability FC. Call 07818515639 for info.

Little Minds Matter – drop-in sessions. Contact Julie Daglish on 07769684452 or email

littlemindsmatter@bdct.nhs.uk for information. **Health Stay and Play** – Come to our family hub stay and play session while you wait for your health appointment. Book through your health visitor. **Manningham wellbeing Hub youth group** 6pm to

8pm every Tuesday Outdoor forest sessions at Farcliffe. Bookable through Ali Islam ; 01274 594173 or <u>Alii@equalitytogehter.org.uk</u>

Wise Owls Language development advice drop-in if you're concerned about your 18 month to 4 year old's language development, drop in to get advice from our language development workers.

Baby Week Bradford event - free activities for children, pregnancy advice and refreshments. Jump Aboard - talk through concerns and how to support your child with an educational psychologist. Can help with autism, ADHD, speech and language, social, emotional and sensory needs.

West Family Hub – November timetable

