

Bradford East Locality Family Hub

Barkerend Family Hub

365 Barkerend Road, BD3 8QX

We also deliver services at:

Gateway

43 Thackeray Road, Ravenscliffe, BD10 0JR

Woodroyd Centre

Woodroyd Road, West Bowling, BD5 8EL

Communityworks

Undercliffe Lane, BD3 0DW

Canterbury Nursery School

Basil Street, Canterbury, BD5 9HL

Fagley Primary School

Falsgrave Avenue, BD2 3PU

Eccleshill Library

Bolton Road, BD2 4SR



For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk



Parenting Programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!) You'll meet others in a similar situation in an informal and supportive atmosphere.

You don't need a referral from another service, you can simply apply yourself on fyi.bradford.gov.uk or call us.

Recent programmes:

Talking Teens - positive parenting and relationship building for parents and carers of children aged 11-18. Covers understanding your teen, managing conflict, communicating and more.

Family Links Nurturing Programme - supporting positive parenting, encouraging emotional health and exploring the emotional needs behind behaviour. For parents and carers of children aged 3-12.

Some of our regular events

Play and Learn - space for you and your child to learn together and have fun! Just drop in.

Story and Rhyme - fun, interactive story, craft and rhyme session for 0-3s. Call Sumiyya on 01274 730415 or 07519414464 to book.

Baby Steps - A friendly group for parents-to-be to meet and get emotional and practical support.

Sensory Room - a therapeutic space for all families devoted to relaxing and developing the senses. Bookable in one hour slots. Call the hub to book.

SEND Parent/Carer's Resource Coffee Morning - a place for parent carers to share experiences and get support. Email chas-lam@carersresource.org or call 0808 5015939 for more information.

Carer's Resource Drop-in - a place for parent carers to share experiences and get support.

Health Visitor, Baby and Midwife Clinics - including Clover midwife clinic. Appointment only - speak to your health visitor or midwife.

BHT Owlets Play Group - Stay and play for children 18 months to 3 years. A friendly group for parents/carers who would like support to develop their child's language skills through play. Call BHT on 01274 730415 for more information and to book a place.

Baby Massage - learn to massage your baby on this free five-week course. To book a place, email Little Minds Matter at LMMsupport@bdct.nhs.uk or call 07766568407, Monday to Friday.

School Nurse Team - Support with eating, lifestyles, relationships, sleep issues and more. Drop In or call 01274 221203.

Jump Aboard - drop-in sessions with an educational psychologist.

Get in touch



Call us on 01274 437523 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)



Visit us at fb.com/BradfordEastFamilyHub



Email us at Familyhubeast@bradford.gov.uk

East Family Hub – January Timetable

Monday

Midwife Clinics
Barkerend and
Woodroyd Centre



Barkerend Buddies
Barkerend
9:30am to 11am

**Sensory Room
Booking**
Barkerend
(all day)

Carers Resource
Parent carer coffee
Morning
Barkerend –8th January
11.00am to 12.45pm

Story and Rhyme
Barkerend
1pm to 2pm



Tuesday

Midwife Clinics
Barkerend and
Woodroyd Centre



**Health Visitor
Baby Clinic**
Barkerend
9.30am to 11.30am

**Parent/Carer
Coffee
Morning**
Community
Works
10.30am to
12.00pm



**Family Links
Nurturing Programme**
Barkerend
Starts 9th Jan
10.00am to 12.00pm

Wise Owls
Canterbury Nursery
1pm-2pm

Play and Learn
Eccleshill Library
1pm to 2pm

**Sensory Room
Booking**
Barkerend
(all day)

Wednesday

Midwife Clinics
Barkerend and
Woodroyd Centre

**Health Visitor Baby
Clinic**
Gateway and
CommunityWorks
9.30am to 11.30am



Play and Learn
Community Works
12.45pm to 2.15pm



**Sensory Room
Booking**
Barkerend
(all day)



**Family Links
Nurturing Programme**
St Clare's Catholic
Primary School
Starts 10th January
9.15am to 11.15am

Thursday

Midwife Clinics
Barkerend and
Woodroyd Centre



**Health Visitor Baby
Clinic**
Wrose Health
Centre
9.30 to 11.30am



**Parent/Carer
Coffee Morning**
Barkerend
9.00am to 11.30am

**Sensory Room
Booking**
Barkerend (all day)

Baby Massage– LMM
Barkerend
Starts 11th Jan
10am to 11.30am

**HENRY
Parenting programme**
Barkerend
Starts 11th Jan
12.15pm to 14.45pm

School nurse drop-in
Barkerend
9.30 to 11am

Jump Aboard
Barkerend
9.30 to 11am

Friday

Midwife Clinics
Barkerend and
Woodroyd
Centre



**Sensory Room
Booking**
Barkerend
(all day)



**Family Links
Nurturing Programme**
Gateway
Starts 12th January
9.30am to 11.30am