



Youth Endowment Fund

# TOWARDS SPORT MULTI SITE TRIAL

A Quick Guide for Practitioners

#### What is it and why are we doing it?

The Towards Sport programme is a national randomised control trial to evaluate the impact that sports-based interventions can have on children and young people in relation to youth offending.

This programme aims to contribute to the developing evidence base on the impact of sports programmes on youth offending.





# What's being evaluated?

- 1. How does taking part in sport affect offending rates in vulnerable children and young people?
- 2. How does taking part in sport change the emotional status and behaviors of vulnerable children and young people?
- How does taking part in sport have an impact on mental wellbeing, rates of physical activity and transferable skills?
- 4. How does this change differ between groups of Black, Asian, Arab, Gypsy, Irish Traveller, Roma, and from Mixed and multiple ethnic groups.

### Who's eligible?

Children and young people aged 10-17 years, that are known to Local Authority services and meet at least one of the following criteria:

#### Secondary level of need:

- At-risk of or experiencing criminal, or pre-criminal exploitation
- · Experiencing harm outside the family
- Currently or historically affected by domestic abuse
- Identified as being at risk of or affected by radicalization
- Adult (18+) involved in crime and/ or ASB (at least one: offence/arrest/ named as a suspect/ASB incident) in the last 12 months
- Excluded from school and not engaging in education (and/or employment)

#### **Tertiary level of need:**

- CYP who have been provided a warning or caution
- CYP who have been arrested but not convicted
- CYP who have been arrested and convicted
- CYP who have been involved in antisocial behaviour, defined as conduct that has caused, or is likely to cause, harassment, alarm or distress to any person
- CYP who are violent or abusive in their home, are involved in gangs, serious violence, weapons carrying, or other high risk-taking behaviour





#### What's my role/What do I need to do?

- Identify eligible young people from current and future caseloads

  Please refer to eligibility criteria above
- Obtain consent & baseline information
  Via this referral link Towards Sport Referral Link
- If prompted, provide additional information as part of the engagement strategy (liaise with our StreetGames Coordinator)
- Support the initial engagement

# What does the young person get?

- ALL young people will get a £10 shopping voucher at 6 months and 12 months when they complete their follow up surveys (which will only take a few minutes)
- ALL young people referred will receive business as usual services
- 50% of the young people referred will get invited to attend additional sports activity



# What commitment is required of the young person?

Complete the survey at 6 and 12 months and get a voucher for doing it





### Who is my StreetGames Coordinator

The details of all our Coordinators are below, along with their contact details.

Local Authority	Name	Contact Email
Manchester	- Anne Beagan	ann.beagan@streetgames.org
Bolton		
Bradford	Suffia Hussain	Suffia.hussain@streetgames.org
Hull	Joe Duffy	Joe.duffy@streetgames.org
Leicester	Harvey Morgan	Harvey.morgan@streetgames.org
Walsall	Katie Spreadborough	katie.spreadborough@streetgames.org
Milton Keynes	Caz Moran	caroline.moran@streetgames.org
Warrington	Nikki Ottowell	nikki.ottowell@streetgames.org

#### What's the role of the coordinator?

The coordinators will be responsible for:

- Allocating the referrals to the most appropriate sport offer Coordinators may contact you
  when they receive a referral to ask about a young person in advance of assigning them to a
  delivery partner
- Supporting the network of delivery providers
- Supporting practitioners with any queries relating to young people they have referred





Please note – Remember your role is to obtain consent for young people to be a part of an evaluation to understand what programmes work. The offer of sport comes as an additional opportunity following randomisation. This is really important as we don't want to be seen to be offering things and then taking them away.



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