

Keighley and Shipley area Family Hub

Find us at

Rainbow Family Hub
14 Braithwaite Grove, BD22 6JB

Strong Close Nursery School
Airedale Road, BD21 4LW

We also deliver services at

Keighley Library
North Street, BD21 3SX

Shipley Library
2 Well Croft, BD18 3QH

The Trinity Centre
John Escritt Road, Bingley, BD16 2ST

Sue Belcher Centre
63 Bracken Bank Avenue, BD22 7AE

Denholme Primary School
Minorca Mount, BD13 4AY

Windhill Community Centre
Church Street, Shipley, BD18 2NR

Owlet Family Centre
Barncroft, Shipley, BD18 2JG

For more information
on where we are and
what we do, scan the
QR code or visit
fyi.bradford.gov.uk



Parenting programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!) You'll meet others in a similar situation in an informal and supportive atmosphere.

You don't need a referral from another service, you can simply apply yourself on fyi.bradford.gov.uk or call us.

Our recent programmes include:

Family Links Nurturing - supporting positive parenting and exploring emotional needs behind behaviour. For parents/carers of children 2-13.

Time out for dads - helping dads build a better relationship with their children.

Our regular events

Play and learn - our free play and learn sessions are open to all families with children 0-5. Enjoy fun activities songs and stories as well as tips to support your child's wellbeing and development at home.

School nurse parent drop-in - help with eating, lifestyles, relationships, emotions, body changes, growing up, sleeping and more. If you can't come but still need help, call the school nurses: 01274 221203.

Baby feeding drop-ins - experienced peer supporters lead this friendly group. Pregnancy, parenting and breastfeeding support and information; meet other parents. Email breastfeedtogether@bdct.nhs.uk to book.

Sensory room - Call or email us to book sessions at Rainbow. For sessions at Strong Close Nursery (Term Time) call 01535 605272. During school holidays contact Rainbow. For Owlets call 01274 436600.

SEND inclusive drop-in sessions - open to all parents, carers and their children. Includes multi sensory story time and access to a range of SEND resources to promote speech, language and sensory exploration.

Youth Club - for ages 11-19. A warm, safe and inviting space for young people with lots of activities on offer.

Wise Owls Language development advice drop-in - if you're concerned about your 18m to 4 year old's language development come get advice from our language development workers.

Parent Led SEND play - A parent-led play session for SEND, for families with children aged 6-11. Places are limited so please book your place by calling us.

Jump aboard - talk through concerns and how to support your child with an educational psychologist. Can help with autism, ADHD, speech & language, learning difficulties, social, emotional and sensory needs

Portage play group - referral only; contact Christine on 07977160187 for details.

Baby Clinic - drop in to get your baby weighed
Maternity Circle - a safe and welcoming space for women planning pregnancy, pregnant women and new mothers, providing information on maternal health and wellbeing and parenting until baby is 2.

Children's Community Support Team (CCST) - appointment based support for families with children and young people with SEND. Referral only; contact Kelly on 07582109892 or Naina on 07582101003 for more info.

Arts and crafts group - For adults and children aged 0-4 years.

Coffee Mornings - come and join us for a cuppa and a chat! This coffee morning is aimed at supporting parent's/carer's wellbeing.

Get in touch

☎ Call us on 01535 618005 (open Mon-Thur 8.30am to 5pm, 8.30am to 4.30pm Fri)

F Visit us at fb.com/KeighleyandShipleyFamilyHub

✉ Email us at Familyhubkeighleyshipley@bradfordcft.org.uk

Keighley and Shipley Family Hub - May timetable

Monday

Sensory room
Rainbow 9-4pm
Strong close nursery school 12.30-4.30pm

Midwife Clinics
Appointment only
All day at Rainbow, Strong Close nursery school and Owlet

Play and Learn
Keighley Library 9.30am - 10.30am (term time only)
Shipley Library 1pm - 2pm (term time only)



Baby feeding drop-in
Trinity Centre
27th May 10am to 11.30am

Care and Share
Rainbow Hub's FREE pre-loved shop
9am to 4pm

Wise Owls Language Development
Keighley Library (term time only) 9am to 10am

Baby health visitor clinic
Rainbow, 1pm to 3pm

Tuesday

Sensory room
Rainbow 9-4pm
Strong close nursery school 3.30-4.30pm
Owlet Family hub 9-12pm

Midwife Clinics
Appointment only
Strong Close nursery school and Owlet 9am-4pm; Rainbow 1.30 - 4pm

School nurse
7th May
Rainbow 1pm to 2.30pm
Shipley Library 9.30 to 11.00am



Care and Share
Rainbow Hub's FREE pre-loved shop
9am - 4pm

PCSO and neighbourhood warden drop-in
21st May
Rainbow, 10 to 11am

Coffee Mornings
Rainbow
9 to 11am

SEND inclusive session
Keighley Library
7th May 9.30 - 10:30am

CCST
7th May
Shipley Library, 9am to 3pm

Wednesday

Sensory room
Rainbow 9-4pm
Strong close nursery school 3.30-4.30pm

Midwife Clinics
Appointment only
Strong Close nursery and Owlet 9am - 4pm

Portage play group
Trinity Centre,
10 - 11.15am
Referral only

Baby feeding drop-in
Rainbow
11:30am to 2:30pm

Open access youth club
Rainbow, 6 - 8.30pm

Care and Share
Rainbow Hub's FREE pre-loved shop
9am - 4pm

Jump Aboard
Rainbow
15th May, 1pm to 3pm

Maternity Circle
Rainbow, 12pm to 2pm
22nd May

CCST
1st May
Rainbow, 9am to 3pm



Thursday

Sensory room
Rainbow 9-4pm
Strong close nursery school 3.30-4.30pm



Midwife Clinics
Appointment only
All day at Rainbow, Strong Close nursery school and Owlet



Care and Share
Rainbow Hub's FREE pre-loved shop
9am - 4pm

Little Minds Matter baby massage
Trinity Centre
9am - 12pm
Referral only

Arts and Crafts group
Rainbow
1.30pm - 3pm



Friday

Sensory room
Rainbow 9 - 4pm
Strong close nursery school 9am - 12.30pm
Owlet 9am - 12pm

Midwife Clinics
Appointment only
Rainbow and Owlet
9am - 4pm

Care and Share
Rainbow Hub's FREE pre-loved shop
9am - 4pm

Parent-led SEND play session for 6-11 years
Book via Rainbow hub
3rd, 10th, 17th, 24th - 3.30pm to 5pm
31st - 9.30am to 11am

