

# Bradford East Locality Family Hub

## Barkerend Family Hub

365 Barkerend Road, BD3 8QX

### We also deliver services at:

#### Gateway

43 Thackeray Road, Ravenscliffe, BD10 0JR

#### Woodroyd Centre

Woodroyd Road, West Bowling, BD5 8EL

#### Communityworks

Undercliffe Lane, BD3 0DW

#### Canterbury Nursery School

Basil Street, Canterbury, BD5 9HL

#### Fagley Primary School

Falsgrave Avenue, BD2 3PU

#### Eccleshill Library

Bolton Road, BD2 4SR

#### St Clare's RC Church

Moorside Road, BD2 3JD

For more information on where we are and what we do, scan the QR code or visit [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk)



### Parenting programmes

We have a range of fantastic parenting programmes delivered at various times. You'll meet others in a similar situation in an informal and supportive atmosphere. You don't need a referral from another service, you can simply apply yourself on [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk) or call us.

**NEW:** Support for parents, carers, teens and adults - free online courses that you can access 'on demand', day or night, pause and come back to whenever suits you.

### Digital Spaces

Do you need data, access to a laptop, or help to get online? Maybe you need to study, apply for a job, a school place or look for housing?

At Barkerend Family Hub, you can access free wi-fi, use our computers and quiet space, headphones and printing facilities.

We can also give you support with getting online if you need it. Give us a call, a message on social media or send us an email for more information.

### FREE SIM cards

We can now provide 6 months of data to families through a FREE SIM card. For more information please contact us or pop in to Barkerend Hub and see one of our lovely Family Navigators!



### Some of our regular events

**Sensory Room** - a therapeutic space for all families devoted to relaxing/developing the senses. Call to book.  
**SEND Parent/Carer's Coffee Morning** - a place for parent carers to share experiences and get support. Email [chaslam@carersresource.org](mailto:chaslam@carersresource.org) or call 0808 501593 for more information.

**Health Visitor, Baby and Midwife Clinics** - including Clover midwife clinic. Appointment only; speak to your health visitor or midwife.

**BHT Owlets Play Group** - A friendly Stay and Play for children 18 months to 3 years whose parents/carers would like support to develop their child's language skills through play. Call BHT on 01274 730415 for more info/to book.

**Barkerend Buddies** - Messy play for 0-4s

**School Nurse Team** - Support with eating, lifestyles, relationships, sleep and more. Drop in or call 01274 221203.

**Jump Aboard educational psychologist team** - Free appointment on topics such as Autism, ADHD, speech and language needs, learning difficulties, social emotional and sensory needs, signposting and info on SEND processes. To book an appointment please call 01274 437523.

**Portage group** - an education group for under 5s with additional needs and their families supported by experienced Portage home visitors.

**SEND Community Support Team** - here for you to chat about difficulties you may have with your child/young person's behaviours/sleep difficulties.

**Baby Feeding Support Sessions** - run every week by friendly experienced infant feeding practitioners with specialist support available. Any questions or concerns can be supported as well as every day feeding support. Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Please do just drop in, no booking needed.

**Maternity Circle** - drop in, we run a wide range of sessions to support pregnant mums and those with children under 2.

**Barkerend Buddies** - Have fun with your little ones in this messy play session with sensory toys, singing, soft and sensory play and healthy snacks.

**Skills House** - career advice, skills and training, job and apprenticeship search.

**Maternity Smoking Cessation Support** - appointments for pregnant smokers to support them to stop smoking in pregnancy and validate smoke free status to enable them to access the incentive scheme, which means they can get up to £400 Love2Shop vouchers for stopping smoking in pregnancy. Call us to book.

### Get in touch

- 📞 Call us on 01274 437523 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)
- F Visit us at [fb.com/BradfordEastFamilyHub](https://www.facebook.com/BradfordEastFamilyHub)
- @ Email us at [Familyhubeast@bradfordcft.org.uk](mailto:Familyhubeast@bradfordcft.org.uk)

# Bradford East Locality Family Hub - January 2024 Timetable

## Monday

**Midwife Clinics**  
Barkerend and Woodroyd Centre

**School nurse drop-in**  
Gateway, 6th January  
9am to 11.30am

**Barkerend Buddies**  
Barkerend  
(term time only)  
9.30am to 11am



**Maternity Circle**  
Westminster Primary,  
BD3 0HW (term time only)  
9.30am to 11.30am

**SEND parent/carer's resource coffee morning**  
Barkerend  
20th January  
10.30am to 12.30pm

**Sensory Room Booking**  
Barkerend (all day)

## Tuesday

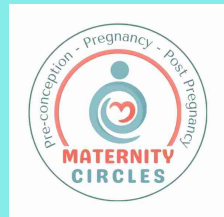
**Midwife Clinics**  
Barkerend and Woodroyd Centre



**Health Visitor Baby Weighing Clinic**  
Barkerend  
9.30am to 11.30am



**Maternity Circle**  
Grange Interlink  
9.30am to 11.30am



**Sensory Room Booking**  
Barkerend (all day)

## Wednesday

**Midwife Clinics**  
Barkerend and Woodroyd Centre

**Sensory Room Booking**  
Barkerend (all day)



**Baby Feeding Support Sessions**  
Gateway  
10am to 12 noon

**Health Visitor Baby Weighing Clinic**  
Gateway and CommunityWorks  
9.30am to 11.30am



**Maternity Circle**  
Gateway  
9.30am - 11.30am

## Thursday

**Midwife Clinics**  
Barkerend and Woodroyd

**SEND community support team**  
Barkerend, 9th January  
9am to 3pm

**Sensory room booking**  
Barkerend (all day)

**Coffee Morning**  
Barkerend, 9am to 11.30am  
-inc Living Well on 30th Jan

**School nurse drop-in**  
Barkerend, 9th January  
9am to 11.30am

**Maternity Circle**  
Laisterdyke Library  
9.30am to 11.30am

**Health Visitor Baby Clinic**  
Wrose Health Centre  
9.30am to 11.30am

**Jump Aboard**  
(appointment only)  
- Barkerend, 9th January  
10am to 11.30am  
- Gateway, 23rd January  
10am to 12 noon

**Skills House**  
Barkerend, 23rd January  
9am to 11.30am

**Winter Warm Event**  
Barkerend, 16th January  
9am to 12 noon

## Friday

**Midwife Clinics**  
Barkerend and Woodroyd Centre



**Maternity Smoking Cessation Support**  
(appointment only)  
Gateway  
9am to 3pm

**Sensory Room Booking**  
Barkerend  
(all day)



**SEND community support team**  
Gateway  
10th January  
9am to 3pm