

Keighley and Shipley area Family Hub

Find us at

Rainbow Family Hub

14 Braithwaite Grove, BD22 6JB

Strong Close Nursery School

Airedale Road, BD21 4LW

We also deliver services at

Keighley Library

North Street, BD21 3SX

Shipley Library

2 Well Croft, BD18 3QH

The Trinity Centre

John Escritt Road, Bingley, BD16 2ST

Owlet Family Centre

Barncroft, Shipley, BD18 2JG

The Hive, Silsden

Elliott Street, Silsden, BD20 0DE

For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk



Get in touch

- ☎ Call us on 01535 618005 (open Mon-Thur 8.30am to 5pm, 8.30am to 4.30pm Fri)
- F [fb.com/KeighleyandShipleyFamilyHub](https://www.facebook.com/KeighleyandShipleyFamilyHub)
- @ Familyhubkeighleyshipley@bradfordcft.org.uk



Parenting programmes

We have a range of fantastic parenting programmes delivered at various times. You'll meet others in a similar situation in an informal and supportive atmosphere. You don't need a referral from another service, you can simply apply yourself on fyi.bradford.gov.uk or call us.

NEW: Support for parents, carers, teens and adults - free online courses that you can access 'on demand', day or night, pause and come back to whenever suits you.

Digital Spaces

Do you need data, access to a laptop, or help to get online? Maybe you need to study, apply for a job, a school place or look for housing?

At Rainbow Family Hub, from November, you can access free wi-fi, use our computers and quiet space, headphones and printing facilities. We can also give you support with getting online if you need it. Give us a call, a message on social media or send us an email for more information.

FREE SIM cards

We can now provide 6 months of data to families through a FREE SIM card. For more information please contact us or pop in to Keighley Family Hub and see one of our lovely Family Navigators!



Our regular events

Play and learn – our free sessions open to all families with children 0-5. Enjoy fun activities songs and stories as well as tips to support your child's wellbeing and development.

Baby feeding support sessions - run every week by friendly experienced infant feeding practitioners with specialist support available. Any questions or concerns can be supported as well as every day feeding support. Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Please do just drop in, no booking needed.

Sensory room – Call or email us to book sessions at Rainbow. For sessions at Strong Close Nursery (Term Time) call 01535 605272. During school holidays contact Rainbow. For Owlet call 01274 436600.

SEND inclusive drop-in - open to all parents, carers and their children. Includes multi-sensory story time & access to SEND resources to promote speech, language & sensory exploration.

Youth Club - for ages 11-19. A warm, safe and inviting space for young people with lots of activities on offer.

Wise Owls Language development advice - if you're concerned about your 18m-4 year old's language development come get advice from our language development workers.

Parent Led SEND play - for families with children aged 6-11. Places are limited so please book your place by calling us.

Cliffe Castle SEND event - please get in touch with Rainbow family hub for more details and to book.

Baby Clinic - drop in to get your baby weighed

Maternity Circle - offer a safe and welcoming space in a community environment. Come along to one of our sessions and meet other pregnant women, new mums and babies. We will provide information around maternal health, wellbeing and parenting as well as the wider support available from other local services (baby weighing available).

Children's Community Support Team - appointment based support for families with children and young people with SEND. Referral only; contact Kelly on 07582109892 or Naina on 07582101003 for more information.

Arts and crafts group - Afterschool arts & crafts group open to all ages. No session on the first Thursday of every month.

SEND Parent-led support - meet with other parent carers in a safe, welcoming space to share experiences and get support.

Jump Aboard educational psychologist team - Free appointment on topics such as Autism, ADHD, speech and language needs, learning difficulties, social emotional and sensory needs, signposting and info on SEND processes. To book an appointment please call 01535 618005.

Keighley and Shipley Family Hub - January timetable

Monday

Care and Share
Rainbow Hub's FREE pre-loved shop
9am - 4pm

Sensory room
Rainbow 9-4pm
Strong close nursery school 12.30-4.30pm



Midwife Clinics
Appointment only
All day at Rainbow, Strong Close nursery school and Owlet 9am-4pm

Play and Learn sessions
at Keighley Library - 9.30am to 10.30am (term time only)
at Shipley Library - 1pm to 2pm (term time only)



Baby feeding support sessions
Trinity Centre
27th Jan, 10am - 11.30am

Baby health visitor clinic
Rainbow
6th and 20th January
1pm - 3pm

Tuesday

Care and Share
Rainbow Hub's FREE pre-loved shop - 9am - 4pm

Sensory room
Rainbow 9 - 4pm
Strong close 3.30 - 4.30pm
Owlet Family hub 9 - 12pm

Midwife Clinics
Appointment only
Strong Close nursery school and Owlet 9am-4pm;
Rainbow 1.30 - 4pm

Coffee Morning
Rainbow, 9am - 11am

School nurse
7th January
Wrose Health Centre:
9.30am - 11am
Rainbow: 1pm - 2.30pm

Maternity Circle
The Hive, 12pm to 2pm
14th and 28th January

SEND Parent-led Support Group
Rainbow, 1pm - 2.30pm
With SENDIASS on 7th January

SEND inclusive session
Keighley Library
7th Jan 9.30am - 10:30am

Children's Community Support Team
Shipley Youth Cafe
(appointment only)
7th Jan, 9am - 3pm

Wednesday

Care and Share
Rainbow Hub's FREE pre-loved shop
9am - 4pm

Sensory room
Rainbow 9-4pm
Strong close nursery school 3.30-4.30pm



Midwife Clinics
Appointment only
Strong Close nursery and Owlet 9am - 4pm

Children's Community Support Team
(appointment only)
8th January
Rainbow, 9am - 3pm

Baby feeding drop-in
Rainbow
11.30am - 2pm



Jump Aboard
Rainbow, 9.30am - 11.30am
(appointment only)
8th January

Maternity Circle
Rainbow, 12pm - 2pm
8th and 22nd January

Open Access Youth Club
Rainbow
6pm to 8.30pm

Thursday

Care and Share
Rainbow Hub's FREE pre-loved shop
9am - 4pm

Sensory room
Rainbow 9-4pm
Strong close nursery school 3.30am to 4.30pm



Midwife Clinics
Appointment only
All day at Rainbow, Strong Close nursery school
Owlet 9am to 4pm



Arts and Crafts group
Rainbow
9th and 16th Jan:
1.30pm to 3pm
23rd and 30th Jan:
3.30pm to 5pm

Maternity Circle
Shipley Library
1.30pm to 3pm



Friday

Care and Share
Rainbow Hub's FREE pre-loved shop
9am - 4pm

Sensory room
Rainbow 9am - 4pm
Strong close nursery school 9am - 12.30pm
Owlet 9am - 12pm

Midwife Clinics
Appointment only
Rainbow 9am - 12:30pm
Owlet 9am - 4pm

Wise Owls language development
Owlet Family Centre
9.30am to 10.30am
(term time only)

Parent-led SEND play session for 6 -11 years
Appointment only; book via Rainbow hub
3rd Jan: 9.30am - 11am
10th, 17th, 24th, 31st Jan: 3.30pm to 5pm

Saturday

SEND Family Wellbeing Session
Cliffe Castle, 4th January
9.30am - 11.30am