# **Bradford West area Family Hub**

### **Farcliffe Family Hub**

56 Toller Lane, BD8 8QH

#### We also deliver services at:

St Edmund's Children's Centre

Washington Street, BD8 9QW

**Thornaby Hub** 

115 Thornaby Drive, Clayton, BD14 6HP

**Farnham Primary School** 

Farnham Road, BD7 3JE

**Midland Road Nursery School** 

Bateman Street, BD8 7DJ

**Abbey Green Nursery** 

Green Lane, BD8 8HT

**City Library** 

Centenary Square, BD1 1SD

**New Church** 

Ashfield Avenue, Frizinghall, BD18 3AL

Café West

1 Stead Crescent, Allerton, BD15 7PA

**Bevan Wellbeing Centre** 

14 Piccadilly, BD1 3LS

on where we are and what we do, scan the QR code or visit



## fyi.bradford.gov.uk

### Get in touch

- Call us on 01274 436700 (Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)
- Email Familyhubwest@bradfordcft.org.uk
- **F** Visit us at fb.com/BradfordWestFamilyHub



#### **Parenting programmes**

We have a range of fantastic parenting programmes delivered at various times. You'll meet others in a similar situation in an informal and supportive atmosphere.

**NEW**: Support for parents, carers, teens and adults - free online courses that you can access 'on demand', day or night, pause and come back to whenever suits you.

Just visit us at **fyi.bradford.gov.uk** and select 'parenting programmes pathway' to get started.

### **Digital Spaces**

Do you need data, access to a laptop, or help to get online? Maybe you need to study, apply for a job, a school place or look for housing?

At Farcliffe Family Hub, you can access free wi-fi, use our computers and quiet space, headphones and printing facilities. We can also give you support with getting online if you need it. Give us a call, a message on social media or send us an email for more information.

#### **FREE SIM cards**

We can now provide 6 months of data to families through a FREE SIM card.

For more information please contact us or pop in to Farcliffe Hub and see one of our lovely Family Navigators!



**School nurse parent drop-in** – Support with eating, lifestyles, relationships, sleep issues and more.

**Women's chit chat group** – drop-in for a warm drink, chat and peer support.

Sensory play room – a therapeutic space, perfect for children with SEND. Call us to book.

Clothes shack – a free drop-in clothes recycle shop. Job Club (City Library) - free work clubs to learn IT skills, create/update your CV, look for jobs and more.

**Great Minds Together -** a free session for targeted families with children with SEND. Call us for info.

**CCST** – for families with children with SEND. Call the hub for an appointment and more information.

Baby Clinic - drop in to have your baby weighed.

Manningham wellbeing Hub youth group - Outdoor forest sessions at Farcliffe. Bookable through Ali; 01274 594173 or Alii@equalitytogether.org.uk

**Special Space Inclusion Group 11+ -**Movie nights,trips, activities, gaming, food, arts and crafts and more. Bookable through Lukman 07890970716, Khuram 07971179676 or Margaret 07974623779.

Baby feeding support sessions - run every week by friendly experienced infant feeding practitioners with specialist support available. Any questions or concerns can be supported as well as every day feeding support. Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Drop in. Study Stations - Now bookable through reception for everyone to use as a quiet space to work.

**Special Pathways** - supporting SEND young people transitioning to Adulthood. Appointment only; call Special Pathways for further info on 0330 133 6358

Stay and Play - for 0-4s.

Locala - drop-in clinic for sexual health advice.

**Mums, bumps and babies** - safe space for pregnant & new mums with babies to meet, share stories, make friends & learn about our Start for Life programmes! Tea, coffee & baby facilities available! **Young Explorers** - Join our amazing Family Navigators who will be

planning activities in our woodlands area

Farcliffe Read and Rhyme Room - can be booked for hourly sessions Monday to Friday. It's designed to encourage families to enjoy reading with their children and to explore fantasies and many other genres instead of being stuck in front of technology. Can also be booked by staff to do direct work with families/parents as there also parenting books in the same room.

**Skillshouse** - to help those looking for jobs. Appointment only.

Mind the Gap - Free sensory workshop drop-in. Legal Support - Drop in for free family law advice.

**Carer's Resource Coffee Morning** - Drop in session for families for those with SEND.

Bradford Stronger Together cook & eat - relaxing time for parents with children who have additional needs. Drop in.
Birth registrations - scan the QR code to the left of this page, click here (when using this timetable electronically) or call 01274 432151 for an appointment.

# West area Family Hub - May Timetable

### Monday

# Tuesday

# Wednesday Thursday

### Friday

#### Midwife clinic

Farcliffe (all day) (Appointment only)



#### **Study Stations**

Farcliffe (all day)

# Farcliffe Read and Rhyme Room - 10am to 3pm

#### Skillshouse

Farcliffe (appointment only) 10am to 2pm

### Legal Support

Farcliffe 10am to 12 noon



## Carer's Resource Coffee Morning

Farcliffe, 12th May 9am to 1pm

#### **Bookable Sensory Room**

Farcliffe 10am to 3pm

#### Clothes shack Farcliffe

Farcliffe 10am to 3pm



#### Midwife clinic

Farcliffe (Appointment only) (all day)

#### **Study Stations**

Farcliffe (all day)

#### Stay and Play - TBC

Thornaby Hub (term time only) 9.00am to 10.30am

### Farcliffe Read and Rhyme

Room - 10am to 3pm

#### **Clothes shack**

Farcliffe, 10am to 3pm

#### **Bookable Sensory Room**

Farcliffe 10am to 3pm

#### Women's chit chat group

Farcliffe

1pm to 3pm (drop-in)

# Children's Community Support Team (SEND)

Farcliffe, 13th May 9am to 3pm (appointment only)

### Bradford Stronger Together:

Cook and Eat

Farcliffe, 10am to 12 noon 27th May

# Special Space Inclusion Group 11+

Farcliffe
6pm to 8pm (referral only)

# Manningham Wellbeing Hub Youth Group

Farcliffe, 6pm to 8pm

#### Midwife clinic

Farcliffe (all day) (Appointment only)

#### **Study Stations**

Farcliffe (all day)

#### School nurse drop-in

Farcliffe 9am to 12 noon 7th May

### Clothes shack

Farcliffe 10am to 3pm

### Farcliffe Read and Rhyme Room - 10am to 3pm

#### **Bookable sensory room**

Farcliffe 10am to 3pm

# **Bradford Stronger Together Coffee Morning**

Farcliffe, 7th May 10am to 11.30am

### Baby feeding support sessions

Farcliffe 11.30am to 2.30pm

#### Stay and Play - TBC

Farcliffe 1.15pm to 2.45pm (term time only)

#### Mind the Gap

Farcliffe 10am to 3pm 28th May

# Register the birth of your baby

Farcliffe (appointment only)

### Midwife and development clinics

Farcliffe (all day) (Appointment only)

#### **Study Stations**

Farcliffe (all day)

#### **Baby Clinic**

Farcliffe, 9.30am to 12pm and 1pm to 3pm (Drop in)

### **Great Minds Together**

Farcliffe, 22nd May 9.30am to 11.30am

#### Job/ Work Club

City Library, 10am to 12 noon

#### **Bookable sensory room**

Farcliffe, 10am to 3pm

#### **Clothes shack**

Farcliffe, 10am to 3pm

#### Stav and Play - TBC

Abbey Green Primary (term time only)
1pm to 2.30pm

#### **Health Visitor**

(appointment only)
Farcliffe, 9am to 1pm

### Mums, bumps and babies

Farcliffe (drop-in) 1.30pm to 2.45pm

#### Young Explorers

Farcliffe 3pm to 4.30pm

# **Study Stations**Farcliffe (all day)

Bookable sensory room Farcliffe, 10am to 3pm

#### Locala

2nd, 16th and 30th May Farcliffe, 9am to 12 noon

#### **Clothes shack**

Farcliffe, 10am to 3pm

### Farcliffe Read and Rhyme

Room - 10am to 3pm



### Saturday & Sunday

### Special Pathways

Farcliffe 10.30am - 4pm Appointment only



# Dads and male carer's support/wellbeing group

Valley Parade City Hub 24th May, 10am to 1pm (call 01274 434940 to book)