## **Bradford West area Family Hub**

### **Farcliffe Family Hub**

56 Toller Lane, BD8 8QH

#### We also deliver services at:

St Edmund's Children's Centre Washington Street, BD8 9QW

**Thornaby Hub** 115 Thornaby Drive, Clayton, BD14 6HP

Farnham Primary School Farnham Road, BD7 3JE

Midland Road Nursery School Bateman Street, BD8 7DJ

Abbey Green Nursery Green Lane, BD8 8HT

**City Library** Centenary Square, BD1 1SD

New Church Ashfield Avenue, Frizinghall, BD18 3AL

Café West 1 Stead Crescent, Allerton, BD15 7PA

Bevan Wellbeing Centre 14 Piccadilly, BD1 3LS

For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk



#### Get in touch

- Call us on 01274 436700 (Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)
- Email Familyhubwest@bradfordcft.org.uk
- F Visit us at fb.com/BradfordWestFamilyHub



#### **Parenting programmes**

We have a range of fantastic parenting programmes delivered at various times. You'll meet others in a similar situation in an informal and supportive atmosphere.

**NEW**: Support for parents, carers, teens and adults - free online courses that you can access 'on demand', day or night, pause and come back to whenever suits you.

Just visit us at **fyi.bradford.gov.uk** and select 'parenting programmes pathway' to get started.

#### **Digital Spaces**

Do you need data, access to a laptop, or help to get online? Maybe you need to study, apply for a job, a school place or look for housing?

At Farcliffe Family Hub, you can access free wi-fi, use our computers and quiet space, headphones and printing facilities. We can also give you support with getting online if you need it. Give us a call, a message on social media or send us an email for more information.

#### FREE SIM cards

We can now provide 6 months of data to families through a FREE SIM card.

For more information please contact us or pop in to Farcliffe Hub and see one of our lovely Family Navigators! School nurse parent drop-in – Support with eating, lifestyles, relationships, sleep issues and more.

**Women's chit chat group** – drop-in for a warm drink, chat and peer support.

Sensory play room – a the rapeutic space, perfect for children with SEND. Call us to book.

**Clothes shack** – a free drop-in clothes recycle shop. **Job Club (City Library)** - free work clubs to learn IT skills, create/update your CV, look for jobs and more.

**Great Minds Together -** a free session for targeted families with children with SEND. Call us for info.

 $\label{eq:Adult Social Care sessions} \mbox{--} \mbox{Drop in session for all those with social workers in the Adult Service}$ 

Baby Clinic – drop in to have your baby weighed. Manningham wellbeing Hub youth group - Outdoor forest sessions at Farcliffe. Bookable through Ali; 01274 594173 or Alii@equalitytogether.org.uk

**Special Space Inclusion Group 11+** -Movie nights, trips, activities, gaming, food, arts and crafts and more. Bookable through Lukman 07890970716, Khuram 07971179676 or Margaret 07974623779.

**Baby feeding support sessions** - run every week by friendly experienced infant feeding practitioners with specialist support available. Any questions or concerns can be supported as well as every day feeding support. Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Drop in. **Study Stations** - Now bookable through reception for everyone to use as a quiet space to work.

Locala - drop-in clinic for sexual health advice.

**Mums, bumps and babies** - safe space for pregnant & new mums with babies to meet, share stories, make friends & learn about our Start for Life programmes! Tea, coffee & baby facilities available! **Young Explorers** - Join our amazing Family Navigators who will be planning activities in our woodlands area

**Farcliffe Bookable Read and Rhyme Room** - can be booked for hourly sessions Monday to Friday. It's designed to encourage families to enjoy reading with their children and to explore fantasies and many other genres instead of being stuck in front of technology. Can also be booked by staff to do direct work with families/parents as there also parenting books in the same room. **Skillshouse** - to help those looking for jobs. Appointment only. **Legal Support** - Call us to book a session for free family law advice.

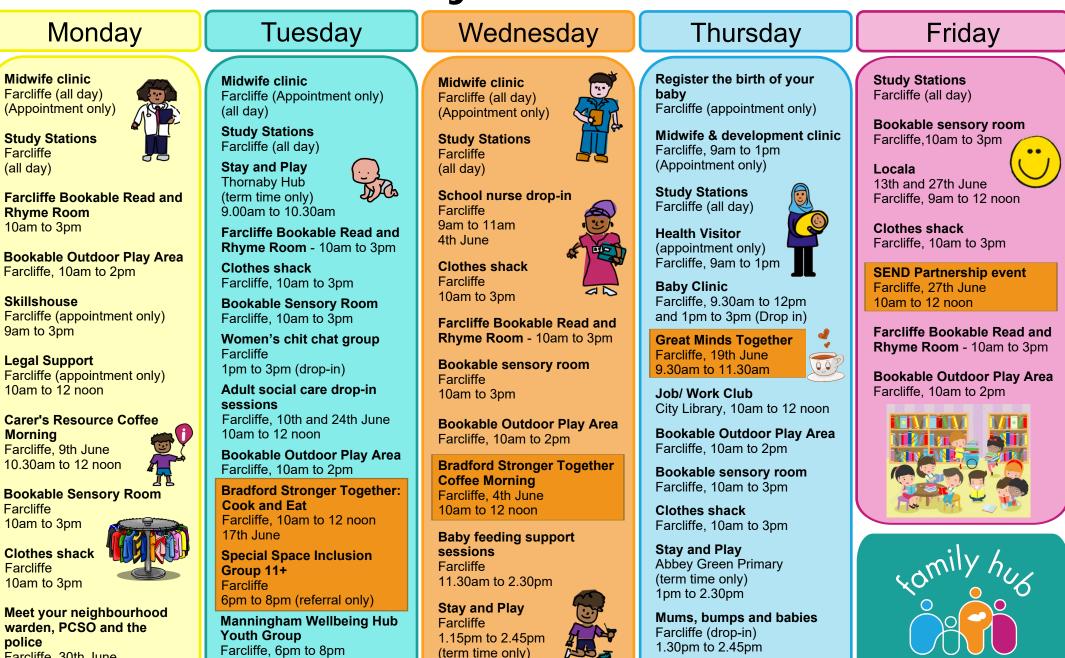
 $\mbox{Carer's Resource Coffee Morning}$  - Drop in session for families for those with SEND.

**Bradford Stronger Together cook & eat** - relaxing time for parents with children who have additional needs. Drop in. **Birth registrations** - scan the QR code to the left of this page, *click here* (when using this timetable electronically) or call 01274 432151 for an appointment.

**Bookable Outdoor Play Area** - Our secure outdoor play area is bookable by ringing us on 01274 436700 Monday through to Friday. This can be used 1-1 or in a small group up to 10 people.



# West area Family Hub - June Timetable



Young Explorers

Farcliffe, 3pm to 4.30pm

Start for Life

Farcliffe, 30th June 10 am to 11am