Keighley and Shipley area Family Hub

Find us at

Rainbow Family Hub
Braithwaite Grove, BD22 6JB

Keighley Community & Family Hub
Airedale Shopping Centre, BD21 3QD

We also deliver services at

Owlet Family Hub
Barncroft, Shipley, BD18 2JG

Keighley Library
North Street, BD21 3SX

Shipley Library
2 Well Croft, BD18 3QH

The Trinity Centre
John Escritt Road, Bingley, BD16 2ST

For more information on where we are and what we do scan the QR code or visit fyi.bradford.gov.uk

Get in touch

Call us on 01535 618005 (open Mon-Thur 8.30am to 5pm, 8.30am to 4.30pm Fri)
F fb.com/KeighleyandShipleyFamilyHub
@ Familyhubkeighleyshipley@bradfordcft.org.uk

BEST START IN LIFE

family hub Bradford District

Parenting programmes

We have a range of fantastic parenting programmes for parents, carers and teens including online courses that you can access 'on demand', day or night, pause and come back to whenever suits you and groups that you can attend 'live' with other people or families, delivered both online and in person.

You don't need a referral from another service, you can apply yourself on **fyi.bradford.gov.uk** (select 'parenting programmes pathway') or call us.

Digital Spaces

Do you need data, access to a laptop, or help to get online? Maybe you need to study, apply for a job, a school place or look for housing?

At Rainbow Family Hub, you can access free wi-fi, use our computers and quiet space, headphones and printing facilities.

We can also give you support with getting online if you need it. Give us a call, a message on social media or send us an email for more information.

FREE SIM cards

We can now provide 6 months of data to families through a FREE SIM card. For more information please contact us or pop in to Keighley Family Hub and see one of our lovely Family Navigators!



Our events for this month include

Play and learn - free sessions open to all families with children 0-5. Enjoy fun activities songs and stories as well as tips to support your child's wellbeing and development.

Sensory room – email us to book sessions at Rainbow. For sessions at Owlet Family Centre call 01274 436600.

Parent Led SEND play - for families with children aged 6-11. Please call us for more information.

Maternity Circle - offer a safe and welcoming space in a community environment. Come to one of our sessions and meet other pregnant women, new mums and babies. We'll provide information around maternal health, wellbeing and parenting as well as the wider support available from other services (baby weighing available).

Children's Community Support Team - supporting families with children with SEND needs in the Keighley/Shipley area.

Open Access Youth Group - A busy interactive youth club session, where young people can play games, sports, get involved in arts/crafts, group discussions, music & cooking.

Well Baby/Weighing Clinic - drop in and meet a health visitor, have your baby weighed and discuss any concerns.

Education drop-in - for parents/carers of children 5 to 16. Non-judgmental support with school attendance concerns. It's a safe space for you to discuss worries, connect with support services, and receive advice from attendance support workers. Drop in; email Attendance@bradford.gov.uk for info.

Play and learn - free sessions open to all families with children 0-5. Enjoy fun activities songs and stories as well as tips to support your child's wellbeing and development.

Christmas Party - Join us for our FREE Christmas Party. We have party food, games and Santa's Grotto.

Families First Feedback Event - Do you have experience of using family support services, including children's social care? The Families First team will be at Barkerend to hear from you. £20 voucher for your time.Book your place here: https://forms.cloud.microsoft/e/vkvQc30NJA or call the hub.

TLC: Early Speech, Language and communication support - do you have a child under 5? Do you have worries or questions about your child's speech, talking or communication skills? Chat to a Speech & Language Therapist. Meet our friendly team. Children under 5 welcome.

Keighley and Shipley Family Hub - December timetable

Monday

Care and Share
Rainbow Hub's FREE pre-loved shop - 9am - 4pm



Sensory room
Rainbow 9 - 4pm

Midwife Clinics
(appointment only)
Rainbow 9am - 4pm
Owlet 9am - 4pm

Play and Learn sessions
(term time only)
Shipley Library:
9.30am - 10.30am
Keighley Library:
1pm - 2pm

TLC: Early Speech, Language & communication support for under 5s
Shipley Library
7th December
10am - 11am

Well Baby/Weighing Clinic
Rainbow, 9th and 23rd Nov
1pm - 3pm

Open Access Youth group
Rainbow, 6pm - 8.30pm



Tuesday

Care and Share
Rainbow Hub's FREE pre-loved shop - 9am - 4pm

Sensory room
Rainbow 9am - 4pm
Owlet Family hub 9am - 12pm

Children's Community Support Team (SEND)
Shipley Youth Cafe, 9am - 3pm
1st Dec (appointment only)

Coffee Morning
Rainbow, 9am - 11am

Midwife Clinic Appointments
Owlet 9am - 4pm
Rainbow 1.30pm - 4pm

Well Baby/Weighing Clinic
9.30am - 12 noon
1st and 15th December
at Grange Park Surgery, Grange Road, Ilkley, LS29 7HG

Parent-led 6 - 11 SEND play session at Rainbow
3.30pm - 5pm (term time only)

Christmas Party
Rainbow, 22nd December
12 noon - 3pm



Wednesday

Care and Share
Rainbow Hub's FREE pre-loved shop - 9am - 4pm

Sensory room
Rainbow 9 - 4pm



Midwife Clinics
(Appointment only)
Owlet, 9am - 4pm

Stay and Play
Owlet, 9am - 11am

Children's Community Support Team (SEND)
Rainbow, 9am - 3pm
2nd Dec (appointment only)



Well Baby/Weighing Clinic
Bingley Canalside Health Centre, BD16 4RP
9.30am - 12 noon

Thursday

Care and Share
Rainbow Hub's FREE pre-loved shop - 9am - 4pm

Sensory room
Rainbow, 9am - 4pm



Midwife Clinics
(appointment only)
Rainbow and Owlet
9am - 4pm

Education drop-in
(term time only)
Rainbow, 10am - 12 noon



Well Baby/Weighing Clinic
Shipley Health Centre,
BD18 3EG
9.30am - 12 noon

Friday

Care and Share
Rainbow Hub's FREE pre-loved shop - 9am - 4pm



Sensory room
Rainbow 9am - 4pm
Owlet 9am - 12pm



Midwife Clinics
(appointment only)
Rainbow 9am - 12.30pm
Owlet 9am - 4pm

Families First Feedback Event
Rainbow, 4th December
9.30am - 11am

family hub
Bradford District

Keighley Community & Family Hub - December timetable

Monday (baby day!)

Baby Day Monday
Various support and services available - please see below



Maternity Circle
(every week)
9.30am - 2pm
A drop in for pregnant mums and parents with children 0-2. Support from specialist services, including infant feeding.

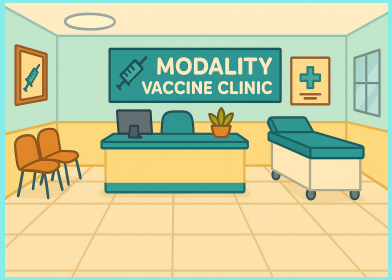
Baby Clinic
7th and 21st December
10am - 12 noon
Meet a health visitor for any support you may need and have your baby weighed.



Breast Feeding support drop-in sessions
14th December
9.30am - 11.30am
Do you need extra support with breastfeeding your baby? Come along to one of our support drop in sessions.

Tuesday

Vaccine Clinic
9am - 12.30pm
For Modality patients only; appointment and drop-in. Call your Modality practice for an appointment.



Wednesday

Family Navigator Support
1pm - 3.30pm
(drop-in session)
Come chat with our friendly Family Navigators. We can welcome you into our Family Hub, find groups and activities and signpost to services/support.

Young Carer's Session (Utime)
2nd and 16th December
4pm - 5.30pm
For young carers 11-14 to have a respite from their caring role. Come play games, do crafting or just chill and chat. An opportunity to share experiences and get support from peers with similar lived experience.



Young Carer's Session (Budz)
9th December
4pm - 5.30pm
For young carers 5-11 to have a respite from their caring role. Come play games, do crafting or just chill and chat. An opportunity to share experiences and get support from peers with similar lived experience.

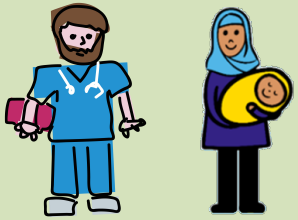
Thursday

Pop-up Children's Clinic
17th December
9.30am - 12.30pm
Drop in for a family friendly health service; including baby weigh in station, childhood immunisations, health and wellbeing information. No appointment needed.



Friday

SEND Support Group: And Breathe Now
11th December
9.30am - 11am
A friendly support group for families, carers and professionals of children and young people with SEND. Meet and connect at our coffee morning. Share experiences, get support and advice. We have an experienced advocate available to offer support and guidance and help you to navigate SEND systems.



TLC: Early Speech, Language and communication support for under 5s
4th and 18th December
10am - 11am
Do you have a child under 5? Do you have worries or questions about your child's speech, talking or communication skills? Chat to a Speech & Language Therapist. Meet our friendly team. Children under 5 welcome.