

Bradford West area Family Hub

Farcliffe Family Hub

56 Toller Lane, BD8 8QH

We also deliver services at:

St Edmund's Children's Centre

Washington Street, BD8 9QW

Crossley Hall Primary

Thornton Road, BD8 0HJ

Farnham Primary School

Farnham Road, BD7 3JE

Midland Road Nursery School

Bateman Street, BD8 7DJ

Abbey Green Nursery

Green Lane, BD8 8HT

City Library

Centenary Square, BD1 1SD

New Church

Ashfield Avenue, Frizinghall, BD18 3AL

Café West

1 Stead Crescent, Allerton, BD15 7PA

For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk



Parenting programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!). You'll meet others in a similar situation in an informal and supportive atmosphere.

You don't need a referral from another service, you can simply apply yourself on fyi.bradford.gov.uk or call us.

Our recent parenting programmes include:

Family Links Nurturing – supporting positive parenting and exploring the emotional needs behind behaviour. For parents and carers of children aged 2-13.

Talking Teens (Urdu language) – positive parenting and relationship building for parents and carers of children aged 11-18.

Our events for September

School nurse parent drop-in – help with eating, lifestyles, relationships, emotions, body changes, growing up, sleep issues and more.

Women's groups (Wednesdays) – drop-in; call the hub with any questions.

DWP employment advisor – benefits, work, debt, jobs, money matters, training & education. Email nicola.cockshott@dwp.gov.uk for more.

Sensory play room – a therapeutic space, perfect for children with SEND. Call us to book.

Owlets Speech and Language Session – contact Chloe Storr on 07427648965 for details; referral through your health visitor.

Carer's resource drop-in – a place for parent carers to share experiences and get support.

Clothes shack – a free clothes recycle shop.

Job Club – People seeking work can drop into our free work clubs where they can learn IT skills, create/update their CV, log into Universal Jobmatch and set up an email account.

Adult disability gardening group – by Bradford City disability FC. Call 07818515639 for info.

Buggy Walk – keep fit and healthy with your little one. Call Rukhsana on 07773124015 or email her at Rukhsana.rasib@bradford.gov.uk

Little Minds Matter – drop-in sessions. Contact Julie Daghish on 07769684452 or email littlemindsmatter@bdct.nhs.uk for information.

Health Stay and Play – Come to our family hub stay and play session while you wait for your health appointment. Book through your health visitor.

Manningham wellbeing Hub youth group 6pm to 8pm every Tuesday Outdoor forest sessions at Farcliffe. Bookable through Ali Islam on 01274 594173 or email

Alii@equalitytogether.org.uk

Get in touch



Call us on 01274 436700 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)



Email us at Familyhubwest@bradford.gov.uk F Visit us at fb.com/BradfordWestFamilyHub

West Family Hub – September timetable

Monday

**Health visitor/
midwife clinics**
Farcliffe (all day)



**Bookable
Sensory Room**
Farcliffe
10am to 3pm



**Silver Linings, Arts &
Crafts for Pregnant Mums**
Farcliffe 9am to 12pm

Clothes shack
Farcliffe
10am to 3pm



Carers Resource
Farcliffe 25th September
10:30am to 12pm

Tuesday

**Health visitor/
midwife clinics**
Farcliffe (all day)



Play and Learn
Farnham Primary
9am to 10.30am

Bookable sensory room
Farcliffe
10am to 3pm

Clothes shack
Farcliffe
10am to 3pm

**Women's chit-
chat group**
Farcliffe, 12th and
26th
12.30 to 3.30pm



**Women's
wellbeing group**
Farcliffe, 5th and 19th
12.30pm to 3.30pm

Buggy Walk
Lister Park, 6th
and 20th
12.30pm to
1.30pm



**Manningham wellbeing
Hub youth group**
Farcliffe
6pm to 8pm

**Girl's Youth
Group**
Farcliffe
6.30pm to 8.30pm



Wednesday

Bookable sensory room
Farcliffe
10am to 3pm

Clothes shack
Farcliffe
10pm to 3pm

DWP advisor
Farcliffe
9am to 12 noon



**Meet your
neighbourhood
warden, PCSO
and the police**
Farcliffe
9am to 12 noon



School nurse drop-in
Farcliffe, 6th September
3.30pm to 5pm

**Cook and Eat
Sessions**
Farcliffe, 20th
September
10am to 12pm



Coffee Morning BST
Farcliffe 13th September
10am to 12pm

Thursday

**Health visitor/
midwife clinics**
Farcliffe (all day)



**Bookable sensory
room**
Farcliffe
10am to 3pm

Baby clinic
Farcliffe
9am to 4pm



Bradford Job Club
City Library
10am to 12 noon

**Health Stay and
Play**
Bookable through
Health Visitor
Farcliffe
9.30am to
12.30pm



Play and Learn
Abbey Green
nursery
1pm to 2.30pm



Clothes shack
Farcliffe
10am to 3pm

Friday

**Adult disability
gardening
group**
Farcliffe (all
day)



**Bookable
sensory room**
Farcliffe
10am to 3pm



**Little Minds
Matter**
Farcliffe
11am to 3pm



Clothes shack
Farcliffe
10am to 3pm

**Owlets Speech and
Language session**
Farcliffe
Starting 15th September

