

Bradford East Locality Family Hub

Barkerend Family Hub

365 Barkerend Road, BD3 8QX

We also deliver services at:

Gateway

43 Thackeray Road, Ravenscliffe, BD10 0JR

Woodroyd Centre

Woodroyd Road, West Bowling, BD5 8EL

Communityworks

Undercliffe Lane, BD3 0DW

Canterbury Nursery School

Basil Street, Canterbury, BD5 9HL

Fagley Primary School

Falsgrave Avenue, BD2 3PU

Eccleshill Library

Bolton Road, BD2 4SR



For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk



Parenting Programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!) You'll meet others in a similar situation in an informal and supportive atmosphere.

You don't need a referral from another service, you can simply apply yourself on fyi.bradford.gov.uk or call us.

Programmes starting in June 2023:

Talking Teens - positive parenting and relationship building for parents and carers of children aged 11-18. Covers understanding your teen, managing conflict, communicating and more.

Family Links Nurturing Programme - supporting positive parenting, encouraging emotional health and exploring the emotional needs behind behaviour. For parents and carers of children aged 3-12.

Some of our regular events

Play and Learn - space for you and your child to learn together and have fun! Just drop in.

Story and Rhyme - fun, interactive story, craft and rhyme session for 0-3s. Call Sumiyya on 01274 730415 or 07519414464 to book.

Baby Steps - A friendly group for parents-to-be to meet and get emotional and practical support.

Sensory Room - a therapeutic space for all families devoted to relaxing and developing the senses. Bookable in one hour slots. Call the hub to book.

SEND Parent/Carer Drop-in - drop-in sessions for families of children with SEND. Email nakhbar@carersresource.org or call 0808 5015939 for more information.

Carer's Resource Drop-in - a place for parent carers to share experiences and get support.

Health Visitor, Baby and Midwife Clinics - including Clover midwife clinic. Appointment only - speak to your health visitor or midwife.

BHT Owlets Play Group - Stay and play for children 18 months to 3 years. A friendly group for parents/carers who would like support to develop their child's language skills through play. Referral/invite only.

Get in touch



Call us on 01274 437523 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)



Visit us at fb.com/BradfordEastFamilyHub



Email us at Familyhubeast@bradford.gov.uk

East Family Hub – September Timetable

Monday

Midwife Clinics
Barkerend and
Woodroyd Centre



**Sensory Room
Booking**
Barkerend
(all day)

**Story and
Rhyme**
Barkerend
1pm to 2pm



**Talking Teens
Parenting
programme**
Barkerend
Starts 18th September
9.30am to 11.30am



**CYGNET
Parenting programme**
Barkerend
Starts 11th September
9.15am to 11.15am

Carers Resource
Parent carer coffee
Morning
Barkerend
11th September

Tuesday

Midwife Clinics
Barkerend and
Woodroyd Centre



**Health Visitor
Baby Clinic**
Barkerend
9am to 12pm

Play and Learn
Eccleshill Library
1pm to 2pm



**Sensory Room
Booking**
Barkerend
(all day)



**Family Links
Nurturing Programme**
Barkerend
Starts 19th September
9.30am to 11.30am

**LMM Circles of
Security**
Barkerend
9:30pm-11:30pm



Wednesday

Midwife Clinics
Barkerend and
Woodroyd Centre



**Health Visitor
Baby Clinic**
Gateway and
CommunityWorks
9.30am to 11.30am

Play and Learn
Community Works
12.45pm to 2.15pm

**Sensory Room
Booking**
Barkerend
(all day)



**HENRY
Parenting programme**
Barkerend
Starts 20th
September
9.30am to
11.30am



**Family Links
Nurturing Programme**
Barkerend
Starts 20th September
12.30pm to 2.30pm



Thursday

Midwife Clinics
Barkerend and
Woodroyd Centre



**Health Visitor
Baby Clinic**
Wrose Health
Centre
9.30am to 11.30am

**Parent/Carer
Coffee
Morning**
Barkerend
9.30am to
11.30am



**Sensory Room
Booking**
Barkerend
(all day)



School Nurse drop-ins
7th September
Barkerend - 9.30am to
11am
Gateway - 1pm to 2.30pm



Friday

Midwife Clinics
Barkerend and
Woodroyd Centre



**Sensory Room
Booking**
Barkerend
(all day)

