

# Bradford South area Family Hub

## Reevy Hill Family Hub

Bedale Drive, BD6 3ST

## TFD Community Centre

Broadstone Way, BD4 9BU

### We also deliver services at:

#### Holme Wood Children's Centre

Haslemere Close, Holme Wood, BD4 9EB

#### Woodside Children's Centre

Fenwick Drive, BD6 2PG

#### Wyke Community Centre

Huddersfield Road, Wyke, BD12 8AA

#### Great Horton Community Hub

69 Beldon Rd, Bradford BD7 3PE



For more information on where we are and what we do, scan the QR code or visit [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk)



### Parenting programmes

We have a range of fantastic parenting programmes delivered at various times. You'll meet others in a similar situation in an informal and supportive atmosphere.

You don't need a referral from another service, you can simply apply yourself on [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk) or call us.

**Who's in Charge** – Parents and primary carers who care for children aged 8 to 18 years of age, who are abusive or violent towards them or who appear out of parental control.

**Family Links Nurturing** – supporting positive parenting and exploring the emotional needs behind behaviour. For parents/carers of 2-13s.

**Talking Teens** – positive parenting and relationship building for parents/carers of 11-18s. Covers understanding your teen, managing conflict, communicating and more.

### FREE SIM cards - support for digital access

Need additional data to enable you to study/ apply for jobs/ housing or support you to access appointments? We can now provide 6 months of data to families through a FREE SIM card. For more information please contact us or pop in to Reevy Hill or TFD and see one of our lovely Family Navigators!



### Some of our regular events

**School Nurse Team** – Drop In or call 01274 221203

**Health visitor clinics** – speak to your health visitor or call 01274 221223 to book.

**Strength of Mind** - Men's fitness class for all abilities, led by a personal trainer. Call 01274 668881 for more information.

**Jump Aboard educational psychologist** - Free Consultation on topics such as Autism, ADHD, speech and language needs, learning difficulties, social emotional and sensory needs, EHC (education, health and care) assessments and EHCPs.

**Coffee mornings** - Free coffee morning with surplus food available. Support available around return to work, finance, mental health, housing and much more.

**Baby Circles** - Calling all pregnant women. Grab a cuppa, connect with other pregnant women, seek wider support all whilst relaxing and enjoying a wide range of wellbeing and self-care activities.

**Baby feeding support sessions** - run every week by friendly experienced baby feeding support workers. Any questions or concerns can be supported as well as every day feeding support. Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Please do just drop in, no booking needed. We look forward to seeing you.

**Play and learn** - for children 0-5. No need to book, come play along with your children and make new friends.

**Community drop-in** - family navigators available to support you with all things family hub and signpost you to services to support your family, from cost of living to SEND services.

**TFD open access support** - via TFD library - free Wi-Fi, phone charging, access to computers, printing, support for digital access, support from family navigators, community connect support, emergency food parcels, tea and coffee.

**Sensory Space Sessions** - Our new sensory space is now open for families to book. It's a wonderful space with light/ sound and textures for children and babies to explore. If you would like to book a slot please contact the family hub.

**St Vincent's Advice** - to book an appointment please call St Vincent's directly on 01274 731909

**SEND event** - a variety of services available to discuss support for parents, young people and children with additional needs.

**C-card scheme** - supporting Young People aged 13 to 24 to access FREE contraception, information and advice. Drop in to the hubs to sign up to the scheme and access in a safe and confidential space.

**Women's personal safety session** - fun interactive and practical course for women to learn increased personal safety, confidence and escape danger. 6 week course. For info call: 07538 218 491.

**Anger Management Course** - learn techniques to help you understand why and where your anger comes from and how to take back your control. FREE refreshments available. For more info call 07538 218 491

**Summer Holiday Family Fun** - Various FREE family fun activities throughout the school holidays.

**Gingerbread club** - parent - led group offering a friendly space for lone parents to chat, fun activities. Kids welcome in school holidays.

**Women's yoga and mindfulness** - Free women's only Yoga and Mindfulness, led by a qualified female instructor, no previous experience needed; no need to book just turn up

### Get in touch



Call us on 01274 434940 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)



Visit us at [fb.com/BradfordSouthFamilyHub](https://fb.com/BradfordSouthFamilyHub)



Email us: [Familyhubsouth@bradfordcft.org.uk](mailto:Familyhubsouth@bradfordcft.org.uk)

# Bradford South Area Family Hub - August Timetable

## Monday

### Coffee Morning

Reevy Hill  
9am - 11.30am

**Saifspace Community drop-in**  
Ridge Medical Practice, BD6 3UD  
10am - 11am

**Library OPEN**  
TFD Centre  
10am - 2pm



**School Nurses Drop-in**  
5th August  
TFD Centre 1pm - 2.30pm  
Reevy Hill 9am - 12 noon

**Gingerbread club (lone parents)**  
5th and 19th August  
Reevy Hill  
1pm - 3pm

**Health Visitor Baby Weigh in Clinic**  
BY APPOINTMENT ONLY  
2pm - 3.30pm  
Reevy Hill Family Hub

**Sensory space sessions**  
Reevy Hill  
3pm - 5pm



**C-card scheme**  
Reevy Hill and TFD  
3pm - 5pm

**Bogle Boxing - age 11 to 17**  
TFD Centre  
6.15pm - 7.15pm

## Tuesday

### Library OPEN

TFD Centre  
10am-2pm



**Under 5's School Readiness Session with the school nurse**  
Reevy Family Hub  
9.30am - 3.30pm  
(appointment only)

**Community drop-in**  
at The Meeting Place, Town Gate,  
Wyke, BD12 9JA  
10:30am - noon

at Great Horton Hub/Library  
1pm - 3pm

**Jump aboard educational psychologist**  
Reevy Hill  
13th August, 12.30pm - 3pm  
To book an appointment please call 01274 434940

**Sensory Space Sessions**  
Reevy Hill  
3pm - 5pm

**C-card scheme**  
Reevy Hill and TFD  
3pm - 5pm

**Strength of Mind - men's fitness**  
The Home Centre - Madison  
Avenue, BD4 OJE  
7.15 - 8.15pm

## Wednesday

**Health Visitor Clinic**  
BY APPOINTMENT ONLY  
8.30am - 1pm  
TFD Centre

**Cuppa and a chat**  
TFD Centre  
9am - noon  
(drop-in)



**St Vincent's Debt and Benefit Advice**  
TFD Centre  
7th and 21st August  
9.30 - 12 noon

**TFD open access support**  
Via library access  
10am - 2pm

**Women's personal safety and breakaway session**  
TFD  
11.30pm - 2.30pm

**Summer Holiday family fun**  
Reevy, 1pm - 3pm

**Women's personal safety and breakaway session**  
Reevy, 21st August  
2pm - 3.30pm

**Sensory space sessions**  
Reevy Hill  
2.30pm - 5pm

**C-card scheme**  
Reevy Hill and TFD  
3pm - 5pm

**Women's yoga and mindfulness session**  
TFD  
6pm - 7pm (drop-in)

## Thursday

**DWP benefit advice and work coach**  
TFD Centre  
10am - 3pm (drop-in)

**Library OPEN**  
TFD Centre  
10am - 2pm

**Anger management session**  
TFD  
10am - 2pm  
6th August

**Coffee Morning and community drop-in**  
TFD Centre, 9.30am - noon  
(including cost of living support on 29th August)

**Baby Feeding Support Sessions**  
Reevy Hill 10am - noon

**Makin Dixon Legal advice**  
TFD Centre  
10am - noon

**SEND marketplace event**  
Wyke Library  
11am - 1pm  
8th August (drop-in)



**Baby Circles**  
TFD Centre  
12.30pm - 2pm



**Locala sexual health drop-in**  
TFD, 29th August  
1.30pm - 4pm

**C-card scheme**  
Reevy Hill and TFD  
3pm - 5pm

**Sensory Space Sessions**  
Reevy Hill  
3pm - 5pm

## Friday

**Sensory Space Sessions**  
Reevy Hill  
9am - 4pm



**TFD open access support**  
Via library access  
10am - 2pm

**DWP benefit advice and work coach**  
Reevy Hill  
9.30am - 12.30pm (drop-in)

**C-card scheme**  
Reevy Hill and TFD  
3pm - 5pm



**Reevy Hill Family Hub and TFD Community Centre**  
Open every day for advice and guidance in person and/or you can call 01274 434940