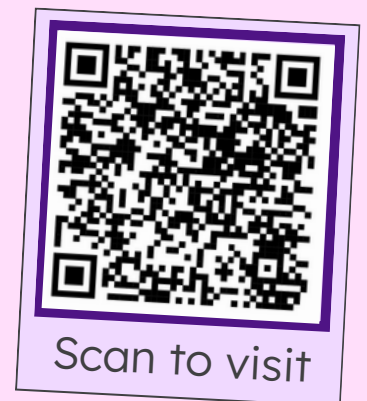
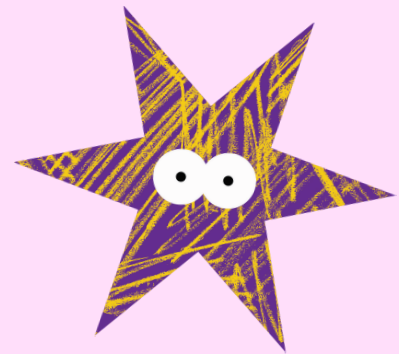


## Tried and tested tools for better emotional health

**Accessible online learning pathways**  
for mums, dads, and carers, during all  
ages and stages of your child's life:

- Antenatal (pregnancy)
- New baby
- Child behaviour, feelings and emotional development - all ages from toddler to teens
- Neurodivergence or additional needs
- Teen years - for young people



Enter the Access Code:

**BDPARENTS**

**Free for people in:  
Bradford District**

[togetherness.co.uk](https://togetherness.co.uk)

