

Bradford East Locality Family Hub

Barkerend Family Hub

365 Barkerend Road, BD3 8QX

We also deliver services at:

Gateway

43 Thackeray Road, Ravenscliffe, BD10 0JR

Woodroyd Centre

Woodroyd Road, West Bowling, BD5 8EL

Communityworks

Undercliffe Lane, BD3 0DW

Canterbury Nursery School

Basil Street, Canterbury, BD5 9HL

Fagley Primary School

Falsgrave Avenue, BD2 3PU

Eccleshill Library

Bolton Road, BD2 4SR

St Clare's RC Church

Moorside Road, BD2 3JD

For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk



Parenting Programmes

We have a range of fantastic parenting programmes delivered at various times. You'll meet others in a similar situation in an informal and supportive atmosphere. You don't need a referral from another service, you can simply apply yourself on fyi.bradford.gov.uk or call us.

Recent programmes

Talking Teens - positive parenting and relationship building for parents and carers of children aged 11-18. Covers understanding your teen, managing conflict, communicating and more.

Family Links Nurturing Programme - supporting positive parenting, encouraging emotional health and exploring the emotional needs behind behaviour. For parents and carers of children 3-12.

Freedom Programme for Women - for women 16+ who might be in or recovering from an abusive or controlling relationship

HENRY preparation for parenthood - a six session programme helping you prepare for the arrival of your baby

HENRY cooking programme - at Barkerend Health Centre. This will run from 27th August. Please contact the hub for more information.

Incredible Years pre-school - Promoting positive social, emotional, and language development for 3 and 4 year-olds

Some of our regular events

Sensory Room - a therapeutic space for all families devoted to relaxing and developing the senses. Call us to book.

SEND Parent/Carer's Coffee Morning - a place for parent carers to share experiences and get support. Email chaslam@carersresource.org or call 0808 501593 for more information.

Health Visitor, Baby and Midwife Clinics - including Clover midwife clinic. Appointment only; speak to your health visitor or midwife.

BHT Owlets Play Group - A friendly Stay and Play for children 18 months to 3 years whose parents/carers who would like support to develop their child's language skills through play. Call BHT on 01274 730415 for more info and to book a place.

Wise Owls - If you have concerns about the language development of your child 18 months to 4 years of age, come and chat with our friendly language development workers. Available at playgroups; for further info call 01274 730415.

Barkerend Buddies - Messy play for 0-4s

School Nurse Team - Support with eating, lifestyles, relationships, sleep issues and more. Drop In or call 01274 221203.

Jump Aboard - educational psychologist drop-in sessions.

Portage group - an education group for under 5s with additional needs and their families supported by experienced Portage home visitors.

SEND Community Support Team - here for you to chat about difficulties you may have with your child/young person's behaviours/sleep difficulties.

Baby Feeding Support Sessions - run every week by friendly experienced infant feeding practitioners with specialist support available. Any questions or concerns can be supported as well as every day feeding support. Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Please do just drop in, no booking needed.

Maternity Circle - drop in, we run a wide range of sessions to support pregnant mums and those with children under 2.

DWP sessions - drop-in or call Adil on 07557 548727 or Farhana on 07385 007493

Barkerend Buddies - Have fun with your little ones in this messy play session with sensory toys, singing, soft and sensory play and healthy snacks.

Get in touch

- ☎ Call us on 01274 437523 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)
- F Visit us at [fb.com/BradfordEastFamilyHub](https://www.facebook.com/BradfordEastFamilyHub)
- @ Email us at Familyhubeast@bradfordcft.org.uk

Bradford East Locality Family Hub - October 2024 Timetable

Monday

Midwife Clinics
Barkerend and
Woodroyd Centre



School nurse drop-in
Gateway
7th October
9am to 11.30am

Barkerend Buddies
Barkerend
(term time only)
9.30am to 11am

Maternity circle
Westminster Primary,
BD3 0HW
(term time only)
9.30am to 11.30am

**Sensory Room
Booking**
Barkerend
(all day)



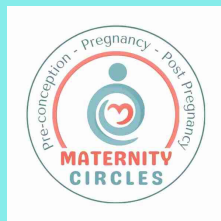
Tuesday

Midwife Clinics
Barkerend and
Woodroyd Centre



**Health Visitor Baby
Clinic**
Barkerend
9.30am to 11.30am

Maternity Circle
Grange Interlink
9.30am to 11.30am



**Sensory Room
Booking**
Barkerend (all day)

Wednesday

Midwife Clinics
Barkerend and
Woodroyd Centre

**Health Visitor Baby
Clinic**
Gateway and
CommunityWorks
9.30am to 11.30am

Sensory Room Booking
Barkerend
(all day)



DWP drop-in
Barkerend
9am - 3pm

Maternity Circle
Gateway
9.30am - 11.30am

**Baby Feeding
Support Sessions**
Gateway
10am to 12pm



Thursday

Midwife Clinics
Barkerend and Woodroyd

**SEND community
support team**

Barkerend, 3rd October
9am to 3pm

Sensory room booking
Barkerend (all day)

DWP drop-in
Barkerend, 9am to 3pm

Coffee Morning
Barkerend, 9 to 11.30am
- inc Living Well fitness
session on 31st October

School nurse drop-in
Barkerend, 3rd October
9am to 11.30am

Road Safety
Barkerend, 17th October
9am to 11.30am

Maternity Circle
Laisterdyke Library
9.30am to 11.30am

Health Visitor Baby Clinic
Wrose Health Centre
9.30 to 11.30am

Jump Aboard
Barkerend, 3rd October
10am to 12 noon

Skills House
Barkerend, 10th and 24th
9am to 11.30am

Friday

Midwife Clinics
Barkerend and
Woodroyd
Centre



**Sensory Room
Booking**
Barkerend
(all day)



**SEND community
support team**
Gateway
11th October
9am to 3pm

