

# Bradford East Locality Family Hub

## Barkerend Family Hub

365 Barkerend Road, BD3 8QX

### We also deliver services at:

#### Gateway

43 Thackeray Road, Ravenscliffe, BD10 0JR

#### Woodroyd Centre

Woodroyd Road, West Bowling, BD5 8EL

#### Communityworks

Undercliffe Lane, BD3 0DW

#### Canterbury Nursery School

Basil Street, Canterbury, BD5 9HL

#### Fagley Primary School

Falsgrave Avenue, BD2 3PU

#### Eccleshill Library

Bolton Road, BD2 4SR

#### St Clare's RC Church

Moorside Road, BD2 3JD

For more information on where we are and what we do, scan the QR code or visit [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk)



## Parenting Programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!) You'll meet others in a similar situation in an informal and supportive atmosphere. You don't need a referral from another service, you can simply apply yourself on [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk) or call us.

## Recent programmes

**Talking Teens** - positive parenting and relationship building for parents and carers of children aged 11-18. Covers understanding your teen, managing conflict, communicating and more.

**Family Links Nurturing Programme** - supporting positive parenting, encouraging emotional health and exploring the emotional needs behind behaviour. For parents and carers of children aged 3-12.

## Some of our regular events

**Play and Learn** - space for you and your child to learn together and have fun! Just drop in.

**Story and Rhyme** - fun, interactive story, craft and rhyme session for 0-3s. Call Sumiyya on 01274 730415 or 07519414464 to book.

**Toddler Time** - Come join us for a time of play and friendship at Byron Primary. All parents and children 0-3 welcome.

**Sensory Room** - a therapeutic space for all families devoted to relaxing and developing the senses. Call us to book.

**SEND Parent/Carer's Coffee Morning** - a place for parent carers to share experiences and get support.

Email [chaslam@carersresource.org](mailto:chaslam@carersresource.org) or call 0808 5015939.

**Health Visitor, Baby and Midwife Clinics** - including Clover midwife clinic. Appointment only; speak to your health visitor or midwife.

**BHT Owlets Play Group** - A friendly Stay and Play for children 18 months to 3 years whose parents/carers who would like support to develop their child's language skills through play. Call BHT on 01274 730415 for more info and to book a place.

**Wise Owls** - If you have concerns about the language development of your child 18 months to 4 years of age, come and chat with our friendly language development workers. Available at playgroups; for further info call 01274 730415.

**Barkerend Buddies** - Messy play for 0-4s

**School Nurse Team** - Support with eating, lifestyles, relationships, sleeping and more. Drop in/ call 01274 221203.

**Jump Aboard** - educational psychologist drop-in sessions.

**Portage group** - an education group for under 5s with additional needs and their families supported by experienced Portage home visitors.

**Skills House** - career advice, skills and training, job and apprenticeship search.

**SEND Community Support Team** - here for you to chat about difficulties you may have with your child/young person's behaviours/sleep difficulties.

**Baby Feeding Support** - run every week by friendly experienced infant feeding practitioners with specialist support available. Any questions or concerns can be supported as well as every day feeding support. Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Please do just drop in, no booking needed. We look forward to seeing you.

**Maternity Circle** - drop in, we run a wide range of sessions to support pregnant mums and those with children under 2.

**Early Years Language Development Event** - Talking Bradford, Language Development Team and Bradford Libraries will be attending the coffee morning session.

## Get in touch

☎ Call us on 01274 437523 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)

F Visit us at [fb.com/BradfordEastFamilyHub](https://www.facebook.com/BradfordEastFamilyHub)

@ Email us at [Familyhubeast@bradfordcft.org.uk](mailto:Familyhubeast@bradfordcft.org.uk)

# Bradford East Locality Family Hub - July 2024 Timetable

## Monday

**Midwife Clinics**  
Barkerend and Woodroyd Centre



**Barkerend Buddies**

Barkerend  
9:30am to 11am  
(term time only)

**Baby Feeding Support Sessions**

Gateway  
10am to 12pm

**Sensory Room Booking**

Barkerend  
(all day)

**Carers Resource SEND parent carer coffee Morning**  
Barkerend - 8th July  
11.00am to 12.30pm

**School nurse drop-in**  
Gateway - 1st July  
9am to 11.30am

**Story and Rhyme**  
Barkerend  
1pm to 2pm  
(term time only)



**Talking Teens**  
Online via Teams  
12.30 to 2.30pm  
(continued from May)

## Tuesday

**Midwife Clinics**  
Barkerend and Woodroyd Centre



**Health Visitor Baby Clinic**  
Barkerend  
9.30am to 11.30am

**Family Links Nurturing Programme (continued from June)**

- Barkerend  
9.30am to 11.30am  
-Barkerend Primary  
9.15am to 11.15am

**Play and Learn**  
Eccleshill Library  
1pm to 2pm  
(term time only)



**Sensory Room Booking**  
Barkerend (all day)

**Maternity circle**  
St Clare's RC Church  
9.30am to 11.30am

**Toddler Time**  
Byron Primary  
8.30am - 10am

## Wednesday

**Midwife Clinics**  
Barkerend and Woodroyd Centre

**Health Visitor Baby Clinic**

Gateway and CommunityWorks  
9.30am to 11.30am

**Play and Learn**  
CommunityWorks  
12.45pm to 2.15pm  
(term time only)

**Sensory Room Booking**  
Barkerend  
(all day)



**Family Links Nurturing Programme**  
Online via Teams  
9.30am to 11.30am  
(continued from June)

**DWP drop-in**  
Barkerend  
9am - 5pm

**Maternity Circle**  
Gateway  
9.30am - 11.30am



## Thursday

**Midwife Clinics**  
Barkerend and Woodroyd  
**Health Visitor Baby Clinic**  
Wrose Health Centre  
9.30 to 11.30am

**Coffee Morning**  
Barkerend (term time only)  
9.00am to 11.30am

- **Living Well** - 25th July  
10am to 11.30am  
- **Skills House** - 11th and 25th July 9am to 11.30am  
- **Jump Aboard** - 18th July  
9am to 11.30am

- **Early Years Language Development Event** - 18th July, 9am to 11.30am  
- **plus family fun session** - 11th July, 9am - 1pm

**School nurse drop-in**  
Barkerend - 4th July  
9am to 11.30am

**Sensory Room booking**  
Barkerend (all day)

**SEND community support team**  
Barkerend - 4th July  
9am to 3pm

**DWP drop-in**  
Barkerend  
9am - 5pm



**HENRY programme**  
Barkerend - from 18th July  
12.30pm to 3pm

## Friday

**Midwife Clinics**  
Barkerend and Woodroyd Centre



**Sensory Room Booking**  
Barkerend  
(all day)



**Family Links Nurturing Programme**  
Gateway  
9.30am to 11.30am  
(continued from June)

**Under 5's School Readiness Session with the school nurse**  
Barkerend  
26th July  
9.30am - 3.30pm  
(appointment only)

**SEND community support team**  
Gateway  
12th July  
9am to 3pm

