

Keighley and Shipley area Family Hub

Find us at

Rainbow Family Hub
14 Braithwaite Grove, BD22 6JB
Strong Close Nursery School
Airedale Road, BD21 4LW

We also deliver services at

Keighley Library
North Street, BD21 3SX
Shipley Library
2 Well Croft, BD18 3QH
The Trinity Centre
John Escritt Road, Bingley, BD16 2ST
Sue Belcher Centre
63 Bracken Bank Avenue, BD22 7AE
Denholme Primary School
Minorca Mount, BD13 4AY
Windhill Community Centre
Church Street, Shipley, BD18 2NR
Owlet Family Centre
Barncroft, Shipley, BD18 2JG

For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk



Parenting programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!) You'll meet others in a similar situation in an informal and supportive atmosphere.

You don't need a referral from another service, you can simply apply yourself on fyi.bradford.gov.uk or call us.

Our recent programmes include:

Cygnets – For parents and carers of children 5-18 with an autism diagnosis. You'll develop your understanding of autism and learn practical solutions to support your child.

Talking Teens – positive parenting and relationship building for parents and carers of children aged 11-18.

Our regular events

Play and learn – these drop-in sessions give you and your child lots of opportunities to explore, learn together and have fun!

School nurse parent drop-in – help with eating, lifestyles, relationships, emotions, body changes, growing up, sleeping and more. If you can't come but still need help, call the school nurses on 01274 221203.

Breastfeed Together – experienced peer support practitioners lead this friendly group. Get pregnancy, parenting and breastfeeding support and information and meet other parents. Book by emailing breastfeedtogether@bdct.nhs.uk

Sensory room – Call or email us to book sessions at Rainbow. For sessions at Strong Close Nursery (Term Time) call 01535 605272. During school holidays please contact Rainbow.

SEND inclusive sessions - open to all parents, carers and their children. Includes multi-sensory story time and access to a range of SEND resources to promote speech, language and sensory exploration. Just drop in.

Youth Club – for ages 11-19. A warm, safe and inviting space for young people with lots of activities on offer. Just drop in.

Citizens Advice - advice on debt, benefits, money, council tax, consumer rights and much more. Call to book an appointment.

Get in touch

☎ Call us on 01535 618005 (open Mon-Thur 8.30am to 5pm, 8.30am to 4.30pm Fri)
✉ Email us at Familyhubkeighleyshipley@bradford.gov.uk

F Visit us at fb.com/KeighleyandShipleyFamilyHub

Keighley and Shipley Family Hub – September Timetable

Monday

Play and Learn

Keighley Library
9.30am to
10.30am (term
time only)



Sue Belcher Centre
1pm to 2:30pm (term
time only)

Breastfeed together

Trinity Centre
25th Sept
10am to
11.30am



Tuesday

Play and Learn

Denholme
Primary School
1pm to 2:30pm
(term time only)



SEND inclusive session

Keighley Library
19th Sept, 4pm to
5pm



Citizens Advice appointments

Rainbow
Every Tuesday
morning



Talking Teens Parenting programme

For parents and carers -
12th Sept



Wednesday

School nurse

At Rainbow
6th Sept, 1pm to
2.30pm and
Shipley Library
6th Sept, 9:30am
to 11am



Breastfeed together

Rainbow - 6th and 20th
Sept, 11:45 am to
1:15pm

Open access youth club

Rainbow Family
Hub
6pm to 8.30pm



Family Links

For parents and carers
21st September
Online Course

Thursday

Little Minds Matter Baby Massage

Trinity Centre, Bingley
7th Sept
14th Sept
21st Sept
28th Sept
5th October
To book a place call
07766 568 407 or email
LMMsupport@bdct.nhs.uk

Friday

Play and Learn

Windhill
Community
Centre
9am to 10:30am
(term time only)



Happening every weekday

Midwife clinics

Rainbow Hub, Owlet Family Centre and Strong Close



Sensory room booking

Rainbow Family Hub (all day) - **open during school holidays**
Strong Close Nursery School (Term time only - Monday
afternoon, Friday morning, any evening 3.30pm to 4.30pm)
plus every day during the school holidays.

