

Bradford East Locality Family Hub

Barkerend Family Hub

365 Barkerend Road, BD3 8QX

We also deliver services at:

Gateway

43 Thackeray Road, Ravenscliffe, BD10 0JR

Woodroyd Centre

Woodroyd Road, West Bowling, BD5 8EL

Communityworks

Undercliffe Lane, BD3 0DW

Canterbury Nursery School

Basil Street, Canterbury, BD5 9HL

Fagley Primary School

Falsgrave Avenue, BD2 3PU

Eccleshill Library

Bolton Road, BD2 4SR



For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk

Get in touch

- ☎ Call us on 01274 437523 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)
- F Visit us at [fb.com/BradfordEastFamilyHub](https://www.facebook.com/BradfordEastFamilyHub)
- @ Email us at Familyhubeast@bradfordcft.org.uk



Parenting Programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!) You'll meet others in a similar situation in an informal and supportive atmosphere. You don't need a referral from another service, you can simply apply yourself on fyi.bradford.gov.uk or call us.

Recent programmes

Talking Teens - positive parenting and relationship building for parents and carers of children aged 11-18. Covers understanding your teen, managing conflict, communicating and more.

Family Links Nurturing Programme - supporting positive parenting, encouraging emotional health and exploring the emotional needs behind behaviour. For parents and carers of children aged 3-12.

Who's in Charge - For parents and primary carers who care for children aged 8 to 18 years of age, who are abusive or violent towards them or who appear out of parental control.

LMM Baby Massage - learn to massage your baby on this free five-week course.

Some of our regular events

Play and Learn - space for you and your child to learn together and have fun! Just drop in.

Story and Rhyme - fun, interactive story, craft and rhyme session for 0-3s. Call Sumiyya on 01274 730415 or 07519414464 to book.

Baby Steps - A friendly group for parents-to-be to meet and get emotional and practical support.

Sensory Room - a therapeutic space for all families devoted to relaxing and developing the senses. Call us to book (one hour slots).

SEND Parent/Carer's Coffee Morning - a place for parent carers to share experiences and get support. Email chaslam@carersresource.org or call 0808 5015939 for more information.

Health Visitor, Baby and Midwife Clinics - including Clover midwife clinic. Appointment only - speak to your health visitor or midwife.

BHT Owlets Play Group - A friendly Stay and play for children 18 months to 3 years whose parents/carers who would like support to develop their child's language skills through play. Call BHT on 01274 730415 for more info and to book a place.

Baby Massage - learn to massage your baby on this free five-week course. To book email Little Minds Matter at LMMsupport@bdct.nhs.uk or call 07766568407.

Barkerend Buddies - Messy play for 0-4s
School Nurse Team - Support with eating, lifestyles, relationships, sleep issues and more. Drop In or call 01274 221203.

Jump Aboard - drop-in sessions with an educational psychologist.

Portage group - an education group for under 5s with additional needs and their families supported by experienced Portage home visitors.

Jump Aboard - sleep workshop for parents of children aged 2-11. To book, send an email to admintss@togethertrust.org.uk

Skills House - career advice, skills and training, job and apprenticeship search.

SEND Community Support Team - here for you to chat about difficulties you may have with your child/young person's behaviours/sleep difficulties

Bradford East Locality Family Hub

Monday

Midwife Clinics
Barkerend and
Woodroyd Centre



Barkerend Buddies
Barkerend
9:30am to 11am
(term time only)

**Sensory Room
Booking**
Barkerend
(all day)

School nurse drop-in
Gateway - 4th Mar
9.30 to 11am

Carers Resource
Parent carer coffee
Morning
Barkerend –11th Mar
11.00am to 12.45pm

Story and Rhyme
Barkerend
1pm to 2pm
(term time only)



Tuesday

Midwife Clinics
Barkerend and
Woodroyd Centre



**Health Visitor
Baby Clinic**
Barkerend
9.30am to 11.30am

**Parent/Carer
Coffee
Morning**



Community
Works
10.30am to
12.00pm (term time only)

**Family Links
Nurturing Programme**
Barkerend
10.00am to 12.00pm

Wise Owls
Canterbury Nursery
1pm-2pm
(term time only)

Play and Learn
Eccleshill Library
1pm to 2pm
(term time only)



**Sensory Room
Booking**
Barkerend
(all day)

Wednesday

Midwife Clinics
Barkerend and
Woodroyd Centre

**Health Visitor Baby
Clinic**
Gateway and
CommunityWorks
9.30am to 11.30am



Play and Learn
Community Works
12.45pm to 2.15pm
(term time only)



Sensory Room Booking
Barkerend
(all day)



**Family Links Nurturing
Programme**
St Clare's Catholic
Primary School
9.15am to 11.15am

Talking Teens
Barkerend
9.30 to 11.30am
Started 21st Feb

**Sleep workshop for
parents of 2-11s**
6th March
Barkerend
10am to 2.30pm

Thursday

Midwife Clinics
Barkerend and
Woodroyd Centre

**Health Visitor Baby
Clinic**
Wrose Health Centre
9.30 to 11.30am



**Parent/Carer
Coffee Morning
(inc Living Well)**
Barkerend
9.00am to 11.30am
(term time only)

Sensory Room booking
Barkerend (all day)

School nurse drop-in
Barkerend - 7th Mar
9 to 11am

Jump Aboard
Barkerend - 7th Mar
9.00 to 11.30am

Baby Massage- LMM
Barkerend (closed group)
10am to 11.30am

**SEND community
support team**
7th March
Barkerend
9.00 to 11.30am

Friday

Midwife Clinics
Barkerend and
Woodroyd
Centre



**Sensory Room
Booking**
Barkerend
(all day)



**Family Links
Nurturing Programme**
Gateway
9.30am to 11.30am