# **Bradford West area Family Hub**

### **Farcliffe Family Hub**

56 Toller Lane, BD8 8QH

#### We also deliver services at:

St Edmund's Children's Centre Washington Street, BD8 9QW

**Thornaby Hub** 

115 Thornaby Drive, Clayton, BD14 6HP

Farnham Primary School Farnham Road, BD7 3JE

Midland Road Nursery School Bateman Street, BD8 7DJ

Abbey Green Nursery Green Lane, BD8 8HT

**City Library**Centenary Square, BD1 1SD

New Church Ashfield Avenue, Frizinghall, BD18 3AL

Café West

1 Stead Crescent, Allerton, BD15 7PA

Bevan Wellbeing Centre 14 Piccadilly, BD1 3LS

For more information on where we are and what we do, scan the QR code or visit

fyi.bradford.gov.uk



#### Get in touch

- Call us on 01274 436700 (Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)
- Email Familyhubwest@bradfordcft.org.uk
- **F** Visit us at fb.com/BradfordWestFamilyHub



#### **Parenting programmes**

We have a range of fantastic parenting programmes delivered at various times. You'll meet others in a similar situation in an informal and supportive atmosphere.

**NEW**: Support for parents, carers, teens and adults - free online courses that you can access 'on demand', day or night, pause and come back to whenever suits you.

Just visit us at **fyi.bradford.gov.uk** and select 'parenting programmes pathway' to get started.

#### **Digital Spaces**

Do you need data, access to a laptop, or help to get online? Maybe you need to study, apply for a job, a school place or look for housing?

At Farcliffe Family Hub, you can access free wi-fi, use our computers and quiet space, headphones and printing facilities. We can also give you support with getting online if you need it. Give us a call, a message on social media or send us an email for more information.

#### **FREE SIM cards**

We can now provide 6 months of data to families through a FREE SIM card.

For more information please contact us or pop in to Farcliffe Hub and see one of our lovely Family Navigators!



#### **Our events for February**

**School nurse parent drop-in** – Support with eating, lifestyles, relationships, sleep issues and more.

**Women's chit chat group** – drop-in for a warm drink, chat and peer support.

Sensory play room – a therapeutic space, perfect for children with SEND. Call us to book.

Clothes shack – a free drop-in clothes recycle shop. Job Club (City Library) - free work clubs to learn IT skills, create/update your CV, look for jobs and more.

**Great Minds Together -** a free session for targeted families with children with SEND needs. The focus will be 'know yourself/ grow yourself' and activities will be around this theme. Call us for info. **CCST** – for families with children with SEND. Call the hub

Baby Clinic – drop in to have your baby weighed.

Manningham wellbeing Hub youth group - Outdoor forest sessions at Farcliffe. Bookable through Ali; 01274 594173 or Alii@equalitytogether.org.uk

for an appointment and more information.

Special Space Inclusion Group 11+ -Movie nights, trips, activities, gaming, food, arts and crafts and more. Bookable through Lukman 07890970716, Khuram 07971179676 or Margaret 07974623779.

**Jump Aboard educational psychologist team -** Free appointment on topics such as Autism, ADHD, speech and language needs,learning difficulties, social emotional and sensory needs, signposting and info on SEND processes. Booking essential - call us on 01274 436700 to book.

Wise Owls and Owlets - language development for parents/carers of children 18 months to 4 years.

Baby feeding support sessions - run every week by friendly experienced infant feeding practitioners with specialist support available. Any questions or concerns can be supported as well as every day feeding support. Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Drop in. Study Stations - Now bookable through reception for everyone to use as a quiet space to work.

**Legal Support** - Drop in for free family law advice.

**Special Pathways** - supporting SEND Young people transitioning to Adulthood. Appointment only; call Special Pathways for further info on 0330 133 6358

Stay and Play - for 0-4s.

Locala - drop-in clinic for sexual health advice.

**SkillsHouse** - career advice, skills training and apprenticeships **Mums, bumps and babies** - a safe space for pregnant and new mums with babies to meet, share stories, make friends and learn about our Start for Life programmes! Tea, coffee and baby facilities available!

**Tea Time club** - Join us every Thursday from December, you and your children can enjoy board games and something warm to eat. Booking essential: call us by 3pm on Tuesday

Meet your neighbourhood warden, PCSO and the police - talk about any local issues or queries.

**SENDIASS** - advice and support around various topics relating to Special Educational Needs and disabilities (SEND) for children and young people aged 0-25.

# West area Family Hub - February Timetable

Monday

Tuesday

Wednesday

Thursday

Friday

#### Midwife clinic

Farcliffe (all day) Appointment only



#### **Study Stations**

Farcliffe (all day)

#### **Legal Support**

Farcliffe 10am to 12 noon

#### **SENDIASS**

Farcliffe, 3rd February 9am to 12 noon

#### **Bookable Sensory Room**

Farcliffe 10am to 3pm



Farcliffe 10am to 3pm



## Carer's Resource coffee morning

Farcliffe, 10th February 10.30am to 12 noon

Meet your neighbourhood warden, PCSO and the police

Farcliffe, 24th February 10am to 11am

### Midwife clinic

Farcliffe (Appointment only) (all day)

#### **Study Stations**

Farcliffe (all day)

#### Wise Owls

Abbey Green, 9am to 10am (term time only)

#### Stay and Play

Thornaby Hub (term time only) 9.30am to 10.30am

#### **SkillsHouse**

(appointment only)
Farcliffe, 9.30am to 2pm

#### **Clothes shack**

Farcliffe, 10am to 3pm

#### **Bookable sensory room**

Farcliffe, 10am to 3pm

#### **Children's Community Support Team (SEND)**

Farcliffe, 11th February 9am to 3pm (appointment only)

# **Bradford Stronger Together Cook and Eat**

Farcliffe, 18th February 10am to 12 noon

#### Women's chit chat group

Farcliffe

1pm to 3pm (drop-in)

# Special Space Inclusion Group 11+

Farcliffe 6pm to 8pm (referral only)

# Manningham Wellbeing Hub Youth Group

Farcliffe, 6pm to 8pm

#### **Study Stations**

Farcliffe (all day)



#### School nurse drop-in

Farcliffe 9am to 11am 5th February



#### Clothes shack

Farcliffe 10am to 3pm

#### **Bookable sensory room**

Farcliffe 10am to 3pm



# Baby feeding support sessions

Farcliffe 11.30am to 2.30pm



#### Midwife clinic

Farcliffe (all day) (Appointment only)

### Study Stations

Farcliffe (all day)

#### **Baby Clinic**

Farcliffe, 9.30am to 12pm and 1pm to 3pm (Drop in)

# **Baby Feeding Support Sessions**

Bevan Wellbeing Centre 9.30am to 11.30am

### Great Minds Together Farcliffe, 20th February

Farcliffe, 20th February 9.30am to 11am

#### Job/ Work Club

City Library, 10am to 12 noon

#### Bookable sensory room

Farcliffe, 10am to 3pm

#### **Clothes shack**

Farcliffe, 10am to 3pm

#### Stav and Plav

Abbey Green Primary (term time only) 1pm to 2.30pm

#### **Community Wellbeing Event**

Farcliffe, 10am to 2pm 13th February

#### **Health Visitor**

Farcliffe, 1pm to 3pm

#### **Living Well**

Farcliffe, 1pm to 3pm 6th February

#### Mums, bumps and babies

Farcliffe (drop-in) 1.30pm to 3pm

#### Tea-time club

Farcliffe (appointment only) 3pm to 4.30pm

### Study Stations

Farcliffe (all day)

### SEND partnership event

Farcliffe, 28th February 10am to 12 noon

#### Bookable sensory room

Farcliffe, 10am to 3pm

#### Locala

7th and 21st February Farcliffe. 9am to 12 noon

#### Jump Aboard

Farcliffe, 10am to 12pm (appointment only) 14th and 28th February

#### Clothes shack

Farcliffe, 10am to 3pm

#### **Winter Warm Space**

Farcliffe, 12 noon to 3pm

### Baby feeding support sessions

Farcliffe, 12.30am to 2.30pm

### Saturday & Sunday

## **Special Pathways** Farcliffe

10.30am - 4.30pm Appointment only

