

# Bradford East Locality Family Hub

## Barkerend Family Hub

365 Barkerend Road, BD3 8QX

### We also deliver services at:

#### Gateway

43 Thackeray Road, Ravenscliffe, BD10 0JR

#### Woodroyd Centre

Woodroyd Road, West Bowling, BD5 8EL

#### Communityworks

Undercliffe Lane, BD3 0DW

#### Canterbury Nursery School

Basil Street, Canterbury, BD5 9HL

#### Fagley Primary School

Falsgrave Avenue, BD2 3PU

#### Eccleshill Library

Bolton Road, BD2 4SR



For more information on where we are and what we do, scan the QR code or visit [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk)



## Parenting Programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!) You'll meet others in a similar situation in an informal and supportive atmosphere. You don't need a referral from another service, you can simply apply yourself on [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk) or call us.

### Recent programmes

**Talking Teens** - positive parenting and relationship building for parents and carers of children aged 11-18. Covers understanding your teen, managing conflict, communicating and more.

**Family Links Nurturing Programme** - supporting positive parenting, encouraging emotional health and exploring the emotional needs behind behaviour. For parents and carers of children aged 3-12.

**Who's in Charge** - For parents and primary carers who care for children aged 8 to 18 years of age, who are abusive or violent towards them or who appear out of parental control.

## Some of our regular events

**Play and Learn** - space for you and your child to learn together and have fun! Just drop in.

**Story and Rhyme** - fun, interactive story, craft and rhyme session for 0-3s. Call Sumiyya on 01274 730415 or 07519414464 to book.

**Baby Steps** - A friendly group for parents-to-be to meet and get emotional and practical support.

**Sensory Room** - a therapeutic space for all families devoted to relaxing and developing the senses. Call us to book (one hour slots).

**SEND Parent/Carer's Coffee Morning** - a place for parent carers to share experiences and get support. Email [chaslam@carersresource.org](mailto:chaslam@carersresource.org) or call 0808 5015939 for more information.

**Health Visitor, Baby and Midwife Clinics** - including Clover midwife clinic. Appointment only; speak to your health visitor or midwife.

**BHT Owlets Play Group** - A friendly Stay and Play for children 18 months to 3 years whose parents/carers who would like support to develop their child's language skills through play. Call BHT on 01274 730415 for more info and to book a place.

**Wise Owls** - If you have concerns about your child 18 months to 4 years of age, come and chat with our friendly language development workers.

**Barkerend Buddies** - Messy play for 0-4s

**School Nurse Team** - Support with eating, lifestyles, relationships, sleep issues and more. Drop In or call 01274 221203.

**Jump Aboard** - drop-in sessions with an educational psychologist.

**Portage group** - an education group for under 5s with additional needs and their families supported by experienced Portage home visitors.

**Skills House** - career advice, skills and training, job and apprenticeship search.

**SEND Community Support Team** - here for you to chat about difficulties you may have with your child/young person's behaviours/sleep difficulties

**Infant Feeding Group** - drop in if you have any questions about feeding your baby. Meet other families and join us for a drink or a snack. Run by midwives and breastfeeding support workers.

## Get in touch

- ☎ Call us on 01274 437523 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)
- F Visit us at [fb.com/BradfordEastFamilyHub](https://www.facebook.com/BradfordEastFamilyHub)
- @ Email us at [Familyhubeast@bradfordcft.org.uk](mailto:Familyhubeast@bradfordcft.org.uk)

# Bradford East Locality Family Hub - April 2024 Timetable

## Monday

**Midwife Clinics**  
Barkerend and  
Woodroyd Centre



**Barkerend Buddies**  
Barkerend  
9:30am to 11am  
(term time only)

**Infant Feeding Group**  
Gateway  
10am to 12pm

**Sensory Room  
Booking**  
Barkerend  
(all day)

**Carers Resource  
SEND parent carer  
coffee Morning**  
Barkerend - 8th April  
11.00am to 12.30pm

**Story and Rhyme**  
Barkerend  
1pm to 2pm  
(term time only)



## Tuesday

**Midwife Clinics**  
Barkerend and  
Woodroyd Centre



**Health Visitor  
Baby Clinic**  
Barkerend  
9.30am to 11.30am

**Parent/Carer  
Coffee  
Morning**  
Community  
Works  
10.30am to  
12.00pm (term time only)



**Family Links  
Nurturing Programme**  
Barkerend  
10.00am to 12.00pm

**Play and Learn**  
Eccleshill Library  
1pm to 2pm  
(term time only)

**Sensory Room  
Booking**  
Barkerend  
(all day)



## Wednesday

**Midwife Clinics**  
Barkerend and  
Woodroyd Centre

**Health Visitor Baby  
Clinic**  
Gateway and  
CommunityWorks  
9.30am to 11.30am

**Play and Learn**  
Community Works  
12.45pm to 2.15pm  
(term time only)

**Sensory Room Booking**  
Barkerend  
(all day)



**Family Links Nurturing  
Programme**  
Online via Teams  
9.30am to 11.30am

**Talking Teens**  
Barkerend  
9.30 to 11.30am  
Starts 15th April



## Thursday

**Midwife Clinics**  
Barkerend and  
Woodroyd Centre

**Health Visitor Baby  
Clinic**  
Wrose Health Centre  
9.30 to 11.30am

**Parent/Carer  
Coffee Morning**  
Barkerend  
9.00am to 11.30am (term  
time only)



- **Living Well** - 25th April  
10am to 11.30am  
- **Skills House** - 11th  
April 9am to 11.30am  
- **Jump Aboard** - 4th  
April 9am to 11.30am

**School nurse drop-in**  
Barkerend - 4th April  
9am to 11.30am

**Sensory Room booking**  
Barkerend (all day)

**SEND community  
support team**  
Barkerend  
4th April  
9.00am to 3pm

## Friday

**Midwife Clinics**  
Barkerend and  
Woodroyd  
Centre



**Sensory Room  
Booking**  
Barkerend  
(all day)



**Family Links  
Nurturing Programme**  
Gateway  
9.30am to 11.30am

**SEND community  
support team**  
Gateway  
12th April  
9.00am to 3pm

