

# Bradford East Locality Family Hub

## Barkerend Family Hub

365 Barkerend Road, BD3 8QX

### We also deliver services at:

#### Gateway

43 Thackeray Road, Ravenscliffe, BD10 0JR

#### Woodroyd Centre

Woodroyd Road, West Bowling, BD5 8EL

#### Communityworks

Undercliffe Lane, BD3 0DW

#### Canterbury Nursery School

Basil Street, Canterbury, BD5 9HL

#### Fagley Primary School

Falsgrave Avenue, BD2 3PU

#### Eccleshill Library

Bolton Road, BD2 4SR

#### St Clare's RC Church

Moorside Road, BD2 3JD

For more information on where we are and what we do, scan the QR code or visit [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk)



## Parenting Programmes

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!) You'll meet others in a similar situation in an informal and supportive atmosphere. You don't need a referral from another service, you can simply apply yourself on [fyi.bradford.gov.uk](http://fyi.bradford.gov.uk) or call us.

### Recent programmes

**Talking Teens** - positive parenting and relationship building for parents and carers of children aged 11-18. Covers understanding your teen, managing conflict, communicating and more.

**Family Links Nurturing Programme** - supporting positive parenting, encouraging emotional health and exploring the emotional needs behind behaviour. For parents and carers of children aged 3-12.

## Some of our regular events

**Sensory Room** - a therapeutic space for all families devoted to relaxing and developing the senses. Call us to book.

**SEND Parent/Carer's Coffee Morning** - a place for parent carers to share experiences and get support. Email [chaslam@carersresource.org](mailto:chaslam@carersresource.org) or call 0800 501593 for more information.

**Health Visitor, Baby and Midwife Clinics** - including Clover midwife clinic. Appointment only; speak to your health visitor or midwife.

**BHT Owlets Play Group** - A friendly Stay and Play for children 18 months to 3 years whose parents/carers who would like support to develop their child's language skills through play. Call BHT on 01274 730415 for more info and to book a place.

**Wise Owls** - If you have concerns about the language development of your child 18 months to 4 years of age, come and chat with our friendly language development workers. Available at playgroups; for further info call 01274 730415.

**Barkerend Buddies** - Messy play for 0-4s

**School Nurse Team** - Support with eating, lifestyles, relationships, sleep issues and more. Drop In or call 01274 221203.

**Jump Aboard** - educational psychologist drop-in sessions.

**Portage group** - an education group for under 5s with additional needs and their families supported by experienced Portage home visitors.

**SEND Community Support Team** - here for you to chat about difficulties you may have with your child/young person's behaviours/sleep difficulties.

**Baby Feeding Support Sessions** - run every week by friendly experienced infant feeding practitioners with specialist support available. Any questions or concerns can be supported as well as every day feeding support. Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Please do just drop in, no booking needed. We look forward to seeing you.

**Maternity Circle** - drop in, we run a wide range of sessions to support pregnant mums and those with children under 2.

## Get in touch

☎ Call us on 01274 437523 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)

F Visit us at [fb.com/BradfordEastFamilyHub](http://fb.com/BradfordEastFamilyHub)

@ Email us at [Familyhubeast@bradfordcft.org.uk](mailto:Familyhubeast@bradfordcft.org.uk)

# Bradford East Locality Family Hub - August 2024 Timetable

## Monday

**Midwife Clinics**  
Barkerend and  
Woodroyd Centre

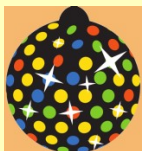


**School nurse drop-in**  
Gateway  
5th August  
9am to 11.30am

**Baby Feeding  
Support Sessions**  
Gateway  
10am to 12pm

**HENRY starting solids**  
Barkerend - 5th Aug  
10am to 12pm

**Sensory Room  
Booking**  
Barkerend  
(all day)



## Tuesday

**Midwife Clinics**  
Barkerend and  
Woodroyd Centre



**Health Visitor Baby  
Clinic**  
Barkerend  
9.30am to 11.30am

**Maternity circle**  
St Clare's RC Church  
9.30am to 11.30am



**Sensory Room  
Booking**  
Barkerend (all day)



## Wednesday

**Midwife Clinics**  
Barkerend and  
Woodroyd Centre

**Health Visitor Baby  
Clinic**  
Gateway and  
CommunityWorks  
9.30am to 11.30am

**Sensory Room Booking**  
Barkerend  
(all day)

**DWP drop-in**  
Barkerend  
9am - 5pm

**Maternity Circle**  
Gateway  
9.30am - 11.30am



## Thursday

**Midwife Clinics**  
Barkerend and Woodroyd  
**Health Visitor Baby Clinic**  
Wrose Health Centre  
9.30 to 11.30am

**SEND community  
support team**  
Barkerend - 1st Aug 9am  
to 3pm

**Sensory room booking**  
Barkerend (all day)

**DWP drop-in**  
Barkerend, 9am - 5pm

**Coffee Morning Summer  
Events at Barkerend**  
10am to 12 noon  
- **1st Aug: Early Years:**  
including 50 things, Safe  
Spaces, Incredible Years,  
HENRY, School nurse,  
Jump Aboard, refreshments  
- **15th Aug: healthy  
lifestyle:** Parent and child  
fitness session, healthy  
eating, smoothie making,  
Living Well, School Nurse  
/HV team, refreshments.  
- **29th Aug: getting school  
ready:** school uniform  
available, come and use  
our multiplay room and  
outside play space,  
refreshments.

## Friday

**Midwife Clinics**  
Barkerend and  
Woodroyd  
Centre



**Sensory Room  
Booking**  
Barkerend  
(all day)



**Under 5's School  
Readiness Session  
with the school nurse**  
Barkerend  
2nd and 9th August  
9.30am - 3.30pm  
(appointment only)

**SEND community  
support team**  
Gateway  
9th Aug  
9am to 3pm

