# **Bradford East Locality Family Hub**

### **Barkerend Family Hub**

365 Barkerend Road, BD3 8QX

#### We also deliver services at:

#### **Gateway**

43 Thackeray Road, Ravenscliffe, BD10 0JR

#### **Woodroyd Centre**

Woodroyd Road, West Bowling, BD5 8EL

#### Communityworks

Undercliffe Lane, BD3 0DW

#### **Canterbury Nursery School**

Basil Street, Canterbury, BD5 9HL

#### **Fagley Primary School**

Falsgrave Avenue, BD2 3PU

#### **Eccleshill Library**

Bolton Road, BD2 4SR

#### St Clare's RC Church

Moorside Road, BD2 3JD

For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk



#### Get in touch

- Call us on 01274 437523 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)
- F Visit us at fb.com/BradfordEastFamilyHub
- @ Email us at Familyhubeast@bradfordcft.org.uk



#### **Parenting Programmes**

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!) You'll meet others in a similar situation in an informal and supportive atmosphere. You don't need a referral from another service, you can simply apply yourself on <a href="mailto:fyi.bradford.gov.uk">fyi.bradford.gov.uk</a> or call us.

#### Recent programmes

**Talking Teens** - positive parenting and relationship building for parents and carers of children aged 11-18. Covers understanding your teen, managing conflict, communicating and more.

#### Family Links Nurturing Programme -

supporting positive parenting, encouraging emotional health and exploring the emotional needs behind behaviour. For parents and carers of children aged 3-12.

#### Some of our regular events

**Play and Learn** - space for you and your child to learn together and have fun! Just drop in.

**Story and Rhyme** - fun, interactive story, craft and rhyme session for 0-3s. Call Sumiyya on 01274 730415 or 07519414464 to book.

**Toddler Time** - Come join us for a time of play and friendship at Byron Primary. All parents and children 0-3 welcome.

**Sensory Room** - a therapeutic space for all families devoted to relaxing and developing the senses. Call us to book (one hour slots).

**SEND Parent/Carer's Coffee Morning** - a place for parent carers to share experiences and get support.

Email chaslam@carersresource.org or call 0808 5015939 for more information.

**Health Visitor, Baby and Midwife Clinics** - including Clover midwife clinic. Appointment only; speak to your health visitor or midwife.

**BHT Owlets Play Group** - A friendly Stay and Play for children 18 months to 3 years whose parents/carers who would like support to develop their child's language skills through play. Call BHT on 01274 730415 for more info and to book a place.

**Wise Owls** - If you have concerns about the language development of your child 18 months to 4 years of age, come and chat with our friendly language development workers. Available at playgroups; for further info call 01274 730415.

Barkerend Buddies - Messy play for 0-4s

**School Nurse Team** - Support with eating, lifestyles, relationships, sleep issues and more. Drop In or call 01274 221203.

**Jump Aboard** - drop-in sessions with an educational psychologist.

**Portage group** - an education group for under 5s with additional needs and their families supported by experienced Portage home visitors.

**Skills House** - career advice, skills and training, job and apprenticeship search.

**SEND Community Support Team** - here for you to chat about difficulties you may have with your child/young person's behaviours/sleep difficulties.

**Infant Feeding Group** - drop in if you have any questions about feeding your baby. Meet other families and join us for a drink or a snack. Run by midwives and breastfeeding support workers

**Maternity Circle** - drop in, we run a wide range of sessions to support pregnant mums and those with children under 2.

# **Bradford East Locality Family Hub - June 2024 Timetable**

Monday

## Tuesday

# Wednesday

## Thursday

# Friday

# Midwife Clinics

Woodroyd Centre



# **Health Visitor**

9.30am to 11.30am

### **Baby Clinic** Barkerend

#### **Parent/Carer Coffee** Morning

CommunityWorks 10.30am to 12.00pm (term time only)

#### **Family Links Nurturing Programme** (continued from May)

- Barkerend 9.30am to 11.30am
- -Barkerend Primary 9.15am to 11.15am

#### Play and Learn

**Eccleshill Library** 1pm to 2pm (term time only)

# **Sensory Room**

# **Booking**

Barkerend (all day)

#### **Maternity circle**

St Clare's RC Church 9.30am to 11.30am

#### **Toddler Time**

**Byron Primary** 8.30am - 10am

#### **Midwife Clinics**

Barkerend and **Woodroyd Centre** 

#### **Health Visitor Baby** Clinic

Gateway and CommunityWorks 9.30am to 11.30am

#### Play and Learn

CommunityWorks 12.45pm to 2.15pm (term time only)

#### **Sensory Room Booking**

Barkerend (all day)

#### **Family Links Nurturing Programme**

Online via Teams 9.30am to 11.30am (continued from May)

#### DWP drop-in

Barkerend 9am - 5pm

### **Maternity Circle**

Gateway 9.30am - 11.30am



#### Midwife Clinics

Barkerend and **Woodroyd Centre** 

#### **Health Visitor Baby** Clinic

Wrose Health Centre 9.30 to 11.30am

#### Parent/Carer **Coffee Morning**

Barkerend 9.00am to 11.30am (term time only)

- Living Well 27th June 10am to 11.30am
- Skills House 13th and 27th June 9am to 11.30am
- Jump Aboard 6th June 9am to 11.30am

#### School nurse drop-in

Barkerend - 6th June 9am to 11.30am

# **Sensory Room booking**

Barkerend (all day)

#### **SEND** community support team

Barkerend 6th June 9am to 3pm

#### **DWP** drop-in Barkerend 9am - 5pm



#### **Midwife Clinics** Barkerend and

Woodrovd Centre



#### **Sensory Room** Booking Barkerend

(all day)



#### **Family Links Nurturing Programme**

Gateway - from 26th June 9.30am to 11.30am

#### **SEND** community support team

Gateway 14th June 9am to 3pm



Barkerend and

# **Barkerend Buddies**

Barkerend 9:30am to 11am (term time only)

#### **Infant Feeding Group**

Gateway 10am to 12pm

#### **Sensory Room Booking**

Barkerend (all day)

#### **Carers Resource SEND** parent carer coffee Morning

Barkerend - 10th June 11.00am to 12.30pm

### School nurse drop-in

Gateway - 3rd June 9am to 11.30am

#### **Story and Rhyme**

Barkerend 1pm to 2pm

# (term time only)

#### **Talking Teens** Online via Teams

12.30 to 2.30pm (continued from May)